

# 2017 ANNUAL REPORT

## **CRITICAL MISSION, GROWING IMPACT**



16

**Our Programs & Scholarships** 



## CRITICAL MISSION, GROWING IMPACT

Over the past 18 years, Divine Mercy University has become a thought-leader in the field of psychology and mental health, with a growing number of graduates now working around the globe as protagonists in the Church's field hospital. Our scientifically rich curriculum and research is grounded in the Church's theological and philosophical wisdom regarding the human person. In this annual report, we want to share with you more about our vital mission, growing impact, and promising future.

There have been many moments over the past year when we, as a nation, have watched our brothers and sisters suffer from the effects of natural disaster, acts of violence and abuse, and other assaults on the dignity of the human person. When disaster and trauma strike, it is critical that people of faith offer their spiritual and practical support for those in need. Above all, we need to reach out in a spirit of mercy and generosity. Compassion and outreach are two ways that we are able to give back to those in need. The mental health needs of our country are growing, and we need to be able to respond in a way that understands the whole person - body, mind and spirit - in all of his or her dignity.

The physical and emotional wounds of those affected will not go away overnight, but we hold onto the hope that community resilience will endure. This year, we saw the faces of a local community in Cancun, Mexico transform when we sent a missionary team of students and staff to work with vulnerable populations. A team from the DMU Center for Trauma & Resiliency Studies was deployed to Beirut, Lebanon, to provide specialized trainings to first responders working with displaced and traumatized populations in Aleppo, Syria. We celebrated the first graduating class of our online M.S. in Psychology program, from which our graduates are involved in countless outreach professions and making a difference in their communities. We have seen the direct impact of our mission at work — and it encourages us to expand into new arenas.

Pope Francis, in his message on the First World Day of the Poor said, "Blessed, therefore, are the open hands that embrace the poor and help them: they are hands that bring hope. Blessed are the hands that reach beyond every barrier of culture, religion and nationality, and pour the balm of consolation over the wounds of humanity."

Throughout this annual report, you will be able to see the development of our programs and the real impact our vital mission has on the world around us. It is my hope that this report will inspire you to partner with us in supporting the growth of our institution as a wonderful instrument of God to spread mercy, hope and healing.

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Fr. Charles Sikorsky, L.C., J.D., J.C.L. President, Divine Mercy University

## **OUR 16<sup>TH</sup> Graduation** Mass & Commencement Exercises





62 Graduates

50 Master's Degrees & 12 Doctoral Degrees

#### FIRST GRADUATING CLASS FROM THE M.S. IN PSYCHOLOGY PROGRAM



"You stand at a moment when piercing insights of the secular sciences are being shown through the very education you are receiving ... because what Catholics are best at is looking into the beauty, truth and goodness of the world, and with the Holy Spirit, mining those truths and bringing them home so that they can find their true place in the flourishing of the human person."

#### Curtis Martin,

2017 Honorary Degree Recipient, CEO and Founder of Fellowship of Catholic University Students

#### INSTITUTE FOR THE Psychological sciences

#### PSY.D. in Clinical Psychology M.S. in Psychology [online]

#### SCHOOL OF COUNSELING

M.S. in Counseling [online]



"[Our mission is to] join people in their struggles, not just giving advice from on high, but accompanying them in their pain, in their distress, in their confusion and darkness, finding the light shining within them and nurturing that light ... precisely what God did in the Incarnation. Such was an essential element of Christ's vocation. Such is our vocation."

Greg Kolodziejczak, Ph.D, Psy.D.

Dr. Greg Kolodziejczak, IPS Class of 2006, was awarded the Distinguished Alumni Award at the 2017 Commencement Exercises in May. Dr. Kolodziejczak is a licensed clinical psychologist working in a private practice in Cambridge, MA. He was on the core team that developed and implemented the Archdiocese of Boston's Marriage Preparation Program *Transformed in Love* and has been a great support to the work of the diocese through various presentations and academic courses.



This year's recipients of the Student Leadership Award have shown a commitment to serve others beyond the call of duty. They have used their gifts to promote the mission and vision of the University, both inside and outside of the classroom. They have shown outstanding leadership qualities in mentoring other students to grow academically, personally and spiritually and are highly respected by their fellow classmates.









#### FACULTY HIGHLIGHTS



#### New Academic Dean for IPS

Dr. Suzanne Nortier Hollman, associate professor and Co-Director of the Psy.D. Program at the Institute for the Psychological Sciences (IPS) of Divine Mercy University, was appointed Academic Dean, effective July 1, 2017. She succeeds Dr. Nordling, who has served as Academic Dean since 2012 and who will return full-time to the faculty of IPS, providing student supervision and contributing to the work of DMU's research on integration.

In addition to her duties of Academic Dean, she will serve as Psy.D. Program Director. Since 2014, Dr. Hollman has helped

guide the Psy.D. Program at IPS to distinction, successfully achieving accreditation by the American Psychological Association in 2016. Previously, Dr. Hollman has held the positions of Director of Clinical Training and Director for Academic Tutoring at The Catholic University of America Counseling Center in Washington, DC. She was an Assistant Professorial Lecturer, and Assistant Professor at The George Washington University (GWU) in the Clinical Professional Psychology Program. Dr. Hollman earned graduate degrees in Clinical Psychology from GWU, and in the History of Medicine, Science, and Technology from Oxford University.

"It is with a profound sense of appreciation and enthusiasm for what is possible in the future of IPS that I accept this role," says Dr. Hollman. "Being a part of the Divine Mercy University community represents a calling to be a part of a common mission that is far greater than any one person. It is the decision to be an instrument of healing to those who suffer, the conviction that all human beings are imbued with dignity, and the recognition that it is a privilege to train others who hold this same commitment."



Dr. Stephen Sharp, Director of Training and Internship for the Western States of the School of Counseling, has been voted onto the National Board for Certified Counselors Board of Directors with unanimous support.



Dr. Paul Vitz presented at the Fellowship of Catholic Scholars Conference in D.C. on Male and Female Complementarity. In July 2017, he published "Adolescents in Crisis: Why We Need to Recover Religion" in *National Review*.

Dr. Lisa Klewicki, a long-standing faculty member of IPS, will support Dr. Hollman as Associate Psy.D. Program Director.



IPS Professor William Nordling (pictured right) has been appointed to serve both on the Ethics Committee and also the University Education Committee of the Association for Play Therapy for the 2017-2018 year.

With the recent changes to the Psy.D. program, we would like to express our gratitude for the contributions that Dr. Nordling and Dr. Scrofani have made over the years, enabling the foundation and subsequent flourishing of the programs at IPS. Their stepping down from administrative roles will allow them to engage more fully in the mission critical tasks of teaching, faculty and student mentoring, and further development of the integration model. The entire institution is grateful for their contributions, and for other well-qualified faculty and professionals who will take the reins of academic administrative leadership.



Anna Pecoraro, Psy.D., and Julia Klausli, Ph.D., published "Perceptions of Ministry and Facilitators and Barriers of Self-Care, Amongst Roman Catholics and Anglicans in Full-Time Ministry" in the *Homiletic and Pastoral Review* magazine on August 18th, 2017. In addition, Pecoraro and Dr. Aureliano Pacciolla, of the Pontifical LUMSA in Rome, presented a poster of their empirical research entitled, "Self-Direction and Meaning in Italy: A Questionnaire Derived from DSM 5's LPF Scale" at the 2017 APA Conference.

## Academic Initiatives



## CENTER FOR TRAUMA & RESILIENCY STUDIES

## OPENING OF THE CENTER FOR TRAUMA & RESILIENCY STUDIES

The Center for Trauma and Resiliency Studies (CTRS) at Divine Mercy University opened Fall of 2016, offering a training program through Green Cross Academy for Traumatology. The training is available for students, faculty, alumni and interested community professionals and is targeted toward certifications as Mental Health First Responders in times of disaster and traumatic situations. Dr. Benjamin Keyes, a faculty member of the School of Counseling at DMU, is leading the formation and development of the CTRS.

The CTRS will also house research projects looking at the long and short term effects of trauma and effective therapeutic interventions in response to traumatic situations and events. As part of the Center, there will be a development of an on-going Response Team of students, alumni, and interested community professionals capable of deploying in times of significant disaster or crisis anywhere in the US. The goal is to assist recovery efforts with first responders to prevent compassion fatigue, collaborate in working with survivors in the field, and provide counseling services in the aftermath of disaster or crisis.



#### The 2016-2017 Newman Lecture Series

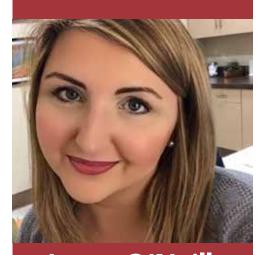
The series was focused on the theme "The Call and the Demands of the Spirit: The Concrete Realities of Couples, Marriage, and Family." The ongoing study of couples, marriage, and family sheds light on the rich and necessary role that they play in human flourishing. This lecture series identified the psychological, social, economic, and spiritual dimensions of the relationship between couples and family members, and how they contribute to individuals, societies, and culture. *Featured speakers included Dr. Patrick Fagan, John D. Mueller, Dr. W. Bradford Wilcox and Dr. Joseph Atkinson.* 



DEPARTMENT OF INTEGRATIVE STUDIES A Catholic-Christian Meta-Model of the Person: Integration with Psychology and Mental Health Practice

The Department of Integrative Studies at DMU is intensively working to bring the Catholic-Christian vision of the person to a very large audience of students and professionals in the mental health field. Here at DMU there are 17 research teams that are aiming to publish and widely distribute a book that promotes the integration of faith-based, reason-based, and psychology and counseling-focused perspectives in a comprehensive Catholic-Christian Meta-Model. This Model frames personal and interpersonal flourishing and suffering in a world-view and value-system that is wider than any of the many partial theories currently existing in the mental health field. This more comprehensive framework serves to (a) integrate and give a Christian perspective to the truths of mental health theories and practices, as well as the psychological sciences, (b) ascertain their limitations in light of the Meta-Model, (c) offer integrative contributions based in Catholic philosophy and theology that safeguard against these limitations, and (d) bring innovation to understanding the person and impact case conceptualization and treatment planning. These innovations, especially, come through considering life-callings, virtue strengths, body-soul unity, divine-based dignity, and our transcendent and redemptive goal.

#### INVESTING IN THE FUTURE



Laura O'Neill Current M.S. in Counseling Student

I have been a Registered Nurse for the past 17 years. The last nine years I have been a School Nurse in the Arlington Diocese. After spending time with teenagers, I realized that they often come to the school nurse as a way to access mental health care. The medical model, of identifying a discomfort and aiming to alleviate it, leaves them short. I began to see that many teenagers were feeling unwell because they lacked the resiliency and perseverance to negotiate the challenges in their lives. At the same time, these teenagers had many strengths that could be built on, to develop better habits, which could lead to the resiliency needed to flourish. I wanted to be able to help them go beyond what they felt was wrong and help identify what is right within themselves. Hopefully once I finish my degree, I will continue to work with this population and also offer my skills in service to the military community in the Greater Washington, DC area.



**Anthony Flores** 

Current M.S. in Counseling Student

Divine Mercy University has opened wide the door for me to integrate the love for my faith and the love I have for others through a rigorous curriculum which has proven to be both academically and interpersonally challenging. It has also given me a wonderful opportunity to be inspired and encouraged by our dedicated professors and my dear classmates. Our education is preparing me to understand the human person from a Catholic-Christian perspective, and to integrate that with a solid foundation in psychological theory and practice. Taking the leap of faith to attend DMU is already proving to be a great investment in myself and in my future, but also in my community and the people I will be serving with hope, faith, and most importantly, love.



## Rebecca Wysoski

M.S. Psychology Graduate, Class of 2016 & Current M.S. Counseling Student

Currently, I work at a non-profit, outpatient alcohol and drug treatment center as a Licensed Addiction Counselor (LAC) in Montana. I have worked at this agency for 28 years, mainly in administration, and pursued my licensure through the encouragement of my family and co-workers. The MSP program was a challenging yet exhilarating experience! The caliber and professionalism of the professors and the support I received exemplified the Catholic-Christian Meta Model at work. I have worked in the secular world for many years and was relieved to find a program that viewed people with the same lens that I have, namely, as having respect and dignity before God. The program helped to form and inform my perspective of psychology in a deep and meaningful way and influenced me to continue on into the Counseling program. When I graduate, I plan to use my degree to continue to work as an LAC. The majority of the clients are co-occurring so I will be able to provide mental health evaluations and individual sessions to support the client's recovery efforts. My daughter is in the M.S. in Counseling Program as well, so we may end up providing mental health counseling in a collaborative effort to Catholics in the area, as there is great need for Catholic counseling in Montana.



### **Kristen Long**

Current Psy.D. Student & Human Resources Officer in the Army Reserve.

I was drawn to the program out of a desire to serve others in a more profound way. While I experienced satisfaction in my previous positions, through the importance of efficiently processing all the different forms of paperwork that came across my desk, I came to realize that it was relatively superficial. As I built relationships with clients and soldiers alike. I realized that I wanted to work with them at a deeper level which could affect lasting change in their lives. My current goal is to serve as an Active Duty psychologist after graduation. I am hoping that my experiences with the military thus far will continue to help me develop as a competent military psychologist. I hope to incorporate aspects of the military, such as working in a team towards a single mission and serving a greater good than yourself, in my clinical work regardless of the setting. I think these themes apply to clinical work because it is not the sole responsibility of the client or the therapist to achieve the goals each client brings, but a mutual effort within the relationship.

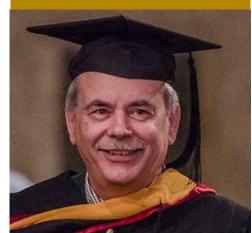
## RESPONDING TO THE NEED



## **Michael Horne**

<sup>2</sup>sy.D. in Clinical Psychology, Class of 2009 Director of Clinical Services at Catholic Charities of the Diocese of Arlington

In my role as a Director of Clinical Services for Catholic Charities of the Diocese of Arlington, I am able to oversee the provision of counseling services to the poor of mind, body, and spirit within our local community. Given the high rate of mental health issues faced by individuals and families in our world, we are able to provide professional counseling services to those in need that are both geographically accessible and financially affordable. We believe that all persons within our Diocese are deserving of quality professional mental health care that is grounded in a Catholic understanding of the human person as having dignity and the capacity for flourishing.



## **Chris Slattery**

M.S. in Psychology, Class of 2016 Founder & CEO of Expectant Mother Care

I founded an organization that has counseled 150,000 girls and women over the last 32 years. This degree program has enhanced my ability to communicate with my staff and to train future interns in the full understanding of the human person.



## Maria Eugenia Hernandez-Lane

M.S. in Psychology, Class of 2016 VP of National Hispanic Council on Aging

For many years I have been working on developing programs to improve the lives of people in marginalized communities. The IPS program helped me to enhance my research skills and my ability to build relationships in the community, and strengthen my leadership skills.

#### 2016-2017 DOCTORAL DISSERTATIONS OF THE PSY.D. GRADUATES

Conceptualizing Postpartum Depression through Attachment Theory and a Catholic Understanding of Relationality and Motherhood

Stephanie Balceniuk, Psy.D. 2017

A Courage-Based Intervention for Treating Social Anxiety Disorder James Hernandez, Psy.D. 2016

Addressing Male Internet Pornography Addiction Using the Virtues of Self-Control and Love

Joshua Kalman, Psy.D. 2017

Factors Characterizing Pre-Alcoholism, Alcoholism, and Alcoholism-Recovery From Neo-Adlerian and Catholic-Christian Perspectives

Jonathan Marcotte, Psy.D. 2017

Mindfulness and Psychotherapy in a Christian Counseling Context Matthew McCall, Psy.D. 2016

Catholic Marital Infidelity Treatment: A Psychotherapeutic Guide **William McKenna, Psy.D. 2016**  A Parent Education Model Promoting Early Childhood Development in Children Suffering from Sickle Cell Disease: An Early Intervention Approach **Cristina Meléndez, Psy.D. 2017** 

Flow in the Context of Vocation **Michael Murphy, Psy.D. 2017** 

A Reconceptualization of Panic Disorder in Women over 45: Taking into Consideration the Integral Complementarity of Men and Women Kathleen Musslewhite, Psy D 2017

#### Kathleen Musslewhite, Psy.D. 2017

The Role of Transcendence in Modern Case Conceptualization **Helena Orellana, Psy.D. 2017** 

Men of Communion: A Theoretical Interdisciplinary Study of Affective Maturity and Attachment in Roman Catholic Seminarians **Charles Russell, Psy.D. 2017** 

Competency Requirements of Psychologists Assessing Diocesan Seminary Applicants for the Catholic Church

Rev. Joseph Tatro, Psy.D. 2016

"We are living on a battlefield and much of the battle wounded are wounded because they do not know the truth of who and what they are. Studying psychology within the framework of the IPS philosophical and theological anthropology helped me to conceptualize what wholeness would look like and what obstacles to growth need to be removed for the person to reclaim their dignity and live their vocation."

Kathleen Musslewhite, Psy.D. Class of 2017





#### 2016-2017 SELECTED M.S. IN PSYCHOLOGY CAPSTONE RESEARCH PROJECTS

Learning to Listen Building a School of Love **Kristina Suzanne Abbott, M.S. 2016** 

The Role of Fraternal Groups in the Well Being of Priests **Fr. Patrick S. Armano, M.S. 2016** 

Motivational Interviewing Training for the Life Affirming Pregnancy Medical Center **Kathleen Clowes, O.P. M.S. 2017** 

Healing the Fatherless **Angela K. Exner, M.S. 2016** 

Identification of the Pastoral Needs From Black Catholics in Atlanta, GA **Fr. Roy Arthur Lee, M.S. 2016** 

Blessings, Care and Challenges of Elderhood **Fr. Alloysious Kiprop Melly, M.S. 2016** 

Weekend Retreat on "Human Formation through Introduction to Positive Psychology and the Virtues" **Fr. George Muthaka, M.S. 2017** 

Vir in Christo: Developing A Seminary Based Human Formation Program **Fr. Martin Thomas Schaefer, M.S. 2016** 

Parish-Based Intervention for Catholic Priests on Mentoring for Adolescents At-Risk for Homelessness and Runaway Behaviors under the McKinney Vento Act **Deanna Maria Sporleder, M.S. 2016** 

Application of the Sacraments and Dialectical Behavior Therapy (DBT) Techniques to a Boundaries Training Seminar in a Catholic-Christian Context **Ann Marie Virnig, M.S. 2016** 

Character Education Program in a Baseball School **Carlos Alberto Zubillaga, M.S. 2017** 



"Our program is unique in that we teach scientific psychology integrated with the Catholic-Christian vision of the human person. We have had students from all walks of life and from across the world join our program - including stay-at-home mothers, business executives, non-profit leaders, missionaries and parish lay leaders, entre-preneurs, first responders, as well as priests, deacons, and religious, and retirees. I have seen this program touch students personally - many have given testimonies of how their experience changed their outlook on themselves, the world, others, the future, and the things of faith. Seeing the first cohort graduate was beautiful because they have taken what they have learned and have made an impact upon the world, in their personal spheres of influence."

Anna Pecoraro, Psy.D., Director of the M.S. in Psychology Program

### REACHING THE PERIPHERIES

## A JOYFUL ENCOUNTER

This past July, fifteen Divine Mercy University students and local volunteers accompanied by DMU Campus Ministry, Fr. John Pietropaoli, L.C., and Glory Darbellay, traveled to Cancun to do missionary work with the organization "Misión Maya" at the Ciudad de Alegria (City of Joy). The City of Joy, founded in 2001 and directed by the local Church, is a foundation composed of different homes, care facilities, and comprehensive services served by different organizations, religious congregations, institutions, professionals, and volunteers, all with the spirit of service to the neediest in the community.

Divine Mercy students spent time with the sick and elderly living in the City of Joy. The missionaries helped at different homes through the most diverse activities. They spent quality time with the sick, fed them, took them for walks, sang to them, cleaned their living quarters, organized activities for children and helped sort out medications.

Current Psy.D. student, Katy Janousek shares her reflection on the mission. "This mission trip has helped me to reflect on how I love and care for people. Truly encountering someone no matter when or where, requires the courage to enter into their world of struggles, joys, and pain. Encountering the poverty that I did, I now have no hesitation to encounter the struggles of those I will meet in my clinical work. Loving my clients perhaps isn't so much about myself, the technique or modality I use, but really loving them through those tools and knowledge I am learning." Danietta Charles, a M.S. Counseling student, expresses



what this mission meant for her and how it helped her discover anew the innate dignity and beauty of every human being. This mission gave her new insight in her vocation as a professional counselor.

"Each (mission) experience has been profoundly transformational in a unique way. However, this particular time with our group was a new insight for me into the dignity of the human person, and the beauty of both the divine and human encounter in the midst of life's messiness, injustice, confusion, and suffering. Feeding those who couldn't feed themselves, taking those who couldn't walk on a courtyard stroll, preparing meals, cleaning dentures, and washing walls were corporeal tasks which accompanied listening with open hearts to the stories of abandoned elderly and prisoners. Within all of these activities was the sacredness of encounter. As the tireless and joyful religious and consecrated showed us by their example at La Ciudad, to be loved and treated with dignity is to be seen and known. The humbling disposition of seeing them apart from their circumstances as a whole, beloved daughter or son of God, whom I have the honor encountering, is one I hope to keep throughout my future vocation as a professional counselor."

Divine Mercy University provides the student body continued opportunities to form outreach missions, both in the local community and abroad, in order to actively serve the mission of hope and healing for those who are suffering.



### HELPING TO HEAL THE Wounds of Trauma

This year has been an active year for the Center for Trauma and Resiliency Studies (CTRS) at Divine Mercy University. The need is growing across the world for support during times of crisis and more importantly, the need for training and education for those who support the local communities is increasing. Throughout this past year, the CTRS has completed a full round of trainings with over 140 hours of education on topics such as grief and loss, assessment and treatment of PTSD, working with traumatized families, healing sexual trauma, and certifications for compassion fatigue educator and compassion fatigue therapist.

Dr. Benjamin Keyes, associate professor at the School of Counseling and Director of the CTRS, led efforts to Charlottesville, two trips to Lebanon, and a visit to Immokalee, FL in response to domestic terrorism, natural disasters, and a need for training for a war-torn community. Additionally, he coordinated efforts through Green Cross Academy of Traumatology to deploy to Texas and various international destinations.

In response to the events in Charlottesville, VA, Dr. Keyes shared the particular goal of the group who responded to the instability. "We really strived to decrease the stress of the individuals coming to grieve, as well as provide them the opportunity to stabilize, express some of their stories and receive support from the community," said Dr. Keyes. "Many of those we spoke with carried a significant amount of fear following the violence and need additional support as the events continue to unfold."

In October, a group of students, and alumni travelled with Dr. Keyes to Beirut, Lebanon, the second trip of the year for Dr. Keyes, to provide specialized trainings on the topics of trauma to outreach workers, clinicians and those working with the people affected by the violence in Aleppo, Syria.

"Thanks to the generosity of others, I had an opportunity to step into a country that has been fighting its own battles and help people from another country," shared Marion Moreland, a M.S. in Counseling student. "It was a blessing to experi-



Danietta Charles, Anthony Flores, Dr. Keyes, Marion Moreland, Daniel Crandall travelled to Beirut, Lebanon this past October.

ence how counseling skills allow us to come into the sacred space of another person's life and to help them heal even when their loss and tragedy is far beyond anything I can comprehend. It is truly humbling. This trip has made me want to learn more, so I can do more."

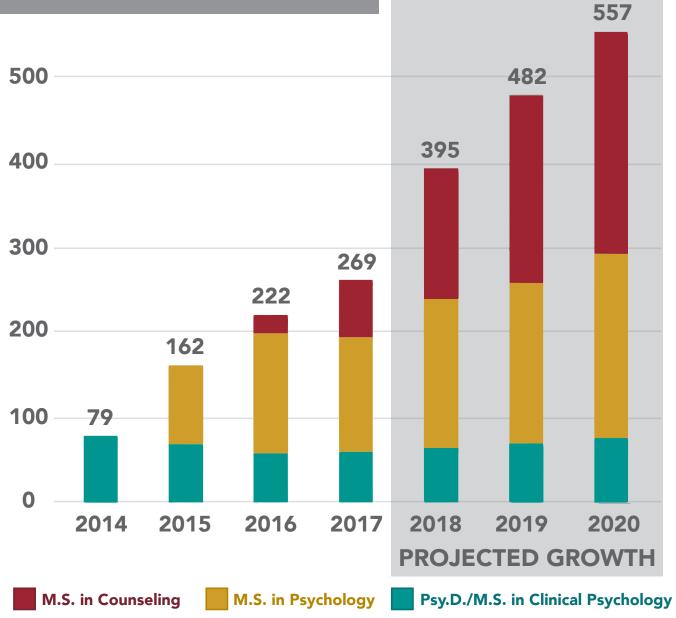
Dr. Keyes has seen the impact directly of the trainings and how they are able to make a difference in a short amount of time. "I have seen many who have blamed themselves for the death of someone else, even though it was a casualty of the war and violence, and experience deep anger, depression and sadness. Through a particular training we provide, specialized to treat those affected by traumatic experiences, we have seen a complete turnaround in perspective and an increased ability to function. The resilience and determination of the community to heal is inspiring."

This next year, the CTRS hopes to provide additional compassion fatigue and field trauma training for the various groups associated with Catholic Charities and Ave Maria University in Immokalee, FL. Additionally, they are planning an immersion experience in Romania with about 20 students to work with the gypsy population in the western part by the Hungarian border. They will work alongside the social workers who support the local prison system, the child abuse system and provide support to the leading organization, the Smiles Foundation.

"To obey the call to go forth from our own comfort zone in order to reach all the peripheries in need of the light of the Gospel" Pope Francis (The Joy of the Gospel, No. 20).

#### ENROLLMENT GROWTH

### Fall enrollment 2014-2020



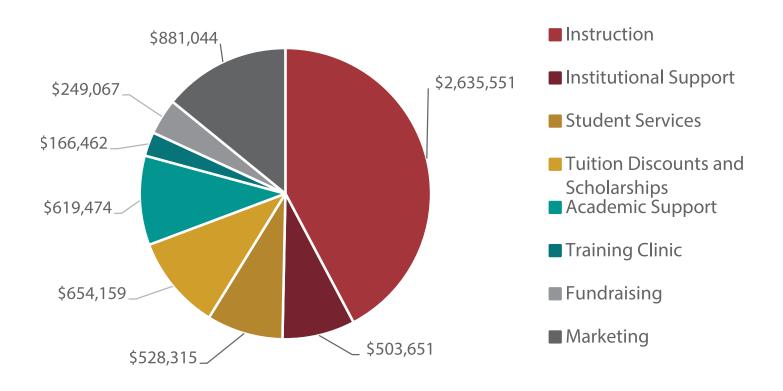
#### A GROWING STUDENT BODY

Our student population has grown over the last three years with the establishment of the online M.S. in Psychology program, the launch of the School of Counseling and the online M.S. in Counseling program, and APA-Accreditation of the Psy.D. program.

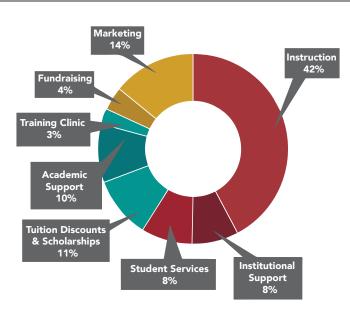
Now, looking ahead to 2020, when we see the full development of our M.S. in Counseling program, adding additional tracts to our M.S. in Psychology program, and the strategic growth of our Psy.D. program, we will see our Fall population increase to seven times where we were in 2014.

### selected financial information fiscal year 2016-2017

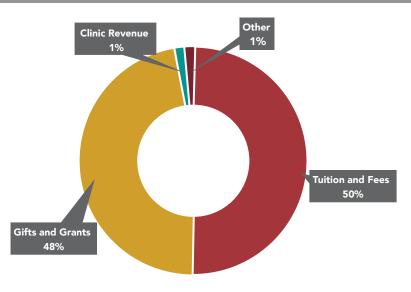
#### MAJOR EXPENSES



#### EXPENSES BY CATEGORY



#### REVENUE BY CATEGORY



## CRITICAL MISSION, GROWING IMPACT, PROMISING FUTURE

"Our unique mission allows us to make an exceptional impact on the world around us. This is a wonderful opportunity for the University, its students, and supporters to satisfy one of our culture's most pressing needs." Fr. Charles Sikorsky, L.C., President



## SCHOOL OF COUNSELING

### ONLINE CERTIFICATE PROGRAM

INSTITUTE FOR THE Psychological sciences



## YOU CAN MAKE A Difference today

#### **Opportunities to Advance the Mission**

Among many initiatives in which you can help lead change, we share the following:

#### **Student Scholarship Fund**

Last year we provided \$654,159 in scholarships to our students. We continue to provide need-based aid to students who are unable to attend without assistance. Our students depend on scholarships for their education and this is not possible without our generous donors.

#### Goal - \$1 Million in Scholarships

#### **Capital Opportunities**

In 2018 we will announce a new campus location in the metropolitan Washington DC area, which will provide room for expansion for the University. With this comes advanced technology, larger classrooms and common areas, an expansion of the current IPS Center for Psychological Services (Doctoral Training Center), and a chapel dedicated to St. John Paul II and Divine Mercy.

#### **Building Fund - \$7 Million**

#### DMU Global Reach

Creating infrastructure for curriculum development, faculty training, and new opportunities in the programs we offer, including: completion of the M.S. in Counseling degree program course development, new online programs, expansion of the Center for Trauma & Resiliency Studies trainings, funding of the DMU Scholarly Journal and Model of Integration Volume.

#### Goal - \$3 Million in Funding

### DivineMercy.edu/SupportDMU

DIVINE MERCY UNIVERSITY | 2017 ANNUAL REPORT | PROMISING FUTURE



### OUR PROGRAMS & SCHOLARSHIP OPPORTUNITIES



Preparing students to apply for licensure as professional counselors who work to promote health and emotional / relational well-being to a diverse population, as well as diagnosing and treating a wide range of mental health issues.



INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES PSY.D. IN CLINICAL PSYCHOLOGY APA-Accredited\*

Preparing students to apply for licensure as clinical psychologists and work successfully with advanced clinical training and education, including practice of psychological assessment and testing.



DIVINE MERCY UNIVERSITY CERTIFICATE PROGRAMS [ONLINE]

#### FAMILY: FIRST LESSONS IN LOVE, FIRST MOMENTS OF HURT

Everyone has baggage. Discover how family and early experiences inform our later capacities to love and be loved.

#### MENTAL HEALTH AWARENESS & FIRST AID

Explore skills for compassionate listening, and learn to recognize the signs and severity of common psychological disorders.

#### GRIEF AND LOSS: UNDERSTANDING & ACCOMPANYING

Examine the process of grieving and find out how to "be for the other" in times of hardship. {Professional version available}

#### CONFLICT RESOLUTION SKILLS

Learn skills for resolving conflict, and understand what lies behind and beyond it: anger and hatred, healing, forgiveness, and even reconciliation {Professional version available}

#### BEING HUMAN: HARDSHIPS EVERYONE ENCOUNTERS

Learn to build healthy boundaries, discover solutions to bad habits like perfectionism, and explore the stages of grief and loss. {Professional version available}

#### HELPING YOUNG PEOPLE BUILD CHARACTER & VIRTUE

How to help young people build good character and form healthy attitudes towards sex. {Professional version available}

#### MARRIAGE & FAMILY SUPPORT

Useful tools for strengthening marriages and families. {Professional version available}

#### PORNOGRAPHY ADDICTION & RECOVERY AWARENESS

Understand the mistaken beliefs behind this problem, the cycle that fosters it, and what the path to recovery looks like. {Professional version available}

\*Questions related to the program's accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation American Psychological Association 750 1st Street, NE, Washington, DC 20002 Phone: (202) 336-5979 / E-mail: apaaccred@apa.org Web: www.apa.org/ed/accreditation

#### INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES M.S. IN PSYCHOLOGY [ONLINE]

Preparing students to increase their competencies in the helping professions, such as ministry work and teaching, while making an impact on those they serve. This degree program is not geared toward preparing for professional licensure.

#### Low Student/Faculty Ratio

Integrative Curriculum

Experienced, Accomplished & Dedicated Faculty

**Global Community** 



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