



2018 ANNUAL REPORT

FORMING HEALERS FOR TOMORROW



DIVINE MERCY UNIVERSITY

INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES | SCHOOL OF COUNSELING



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FORMING HEALERS FOR TOMORROW



“Compassion asks us to go where it hurts, to enter into the places of pain, to share in brokenness, fear, confusion, and anguish. Compassion challenges us to cry out with those in misery, to mourn with those who are lonely, to weep with those in tears. Compassion requires us to be weak with the weak, vulnerable with the vulnerable, and powerless with the powerless. Compassion means full immersion in the condition of being human.” - Henri Nouwen, *The Wounded Healer*

We live in a society in which loneliness has become one of the most painful and present human wounds. This awareness has left many with a heightened anxiety and an intense search for the experience of unity and community. It has also led people to ask how to find healing in these places of darkness. There are many in great need, many who seek an attentive ear, many who need words of support and encouragement - and we are called to form compassionate healers in the modern world.

This is where the vision and mission of Divine Mercy University find their practical application: we are creating an international center for scholarship and professional training dedicated to the development of a truly therapeutic psychology grounded in an integral Catholic-Christian view of the human person. In this annual report, we

want to share with you how we are forming healers for tomorrow.

This past year, we celebrated the accomplishments of our new graduates at our 17th Commencement Exercises, we announced the new location of our permanent campus in Sterling, VA, and we supported our students with over \$1 million dollars in scholarships.

Throughout this annual report, you will be able to see the depth of our academic programs and the real impact our vital mission has through the real work of our graduates. It is my hope that this report will inspire you to partner with us in supporting the growth of our university, as an instrument of compassion and healing for a broken world.

Sincerely in Christ,

A handwritten signature in blue ink that reads "Charles Sikorsky, L.C." The signature is written in a cursive, flowing style.

Fr. Charles Sikorsky, L.C., J.D., J.C.L.
President, Divine Mercy University

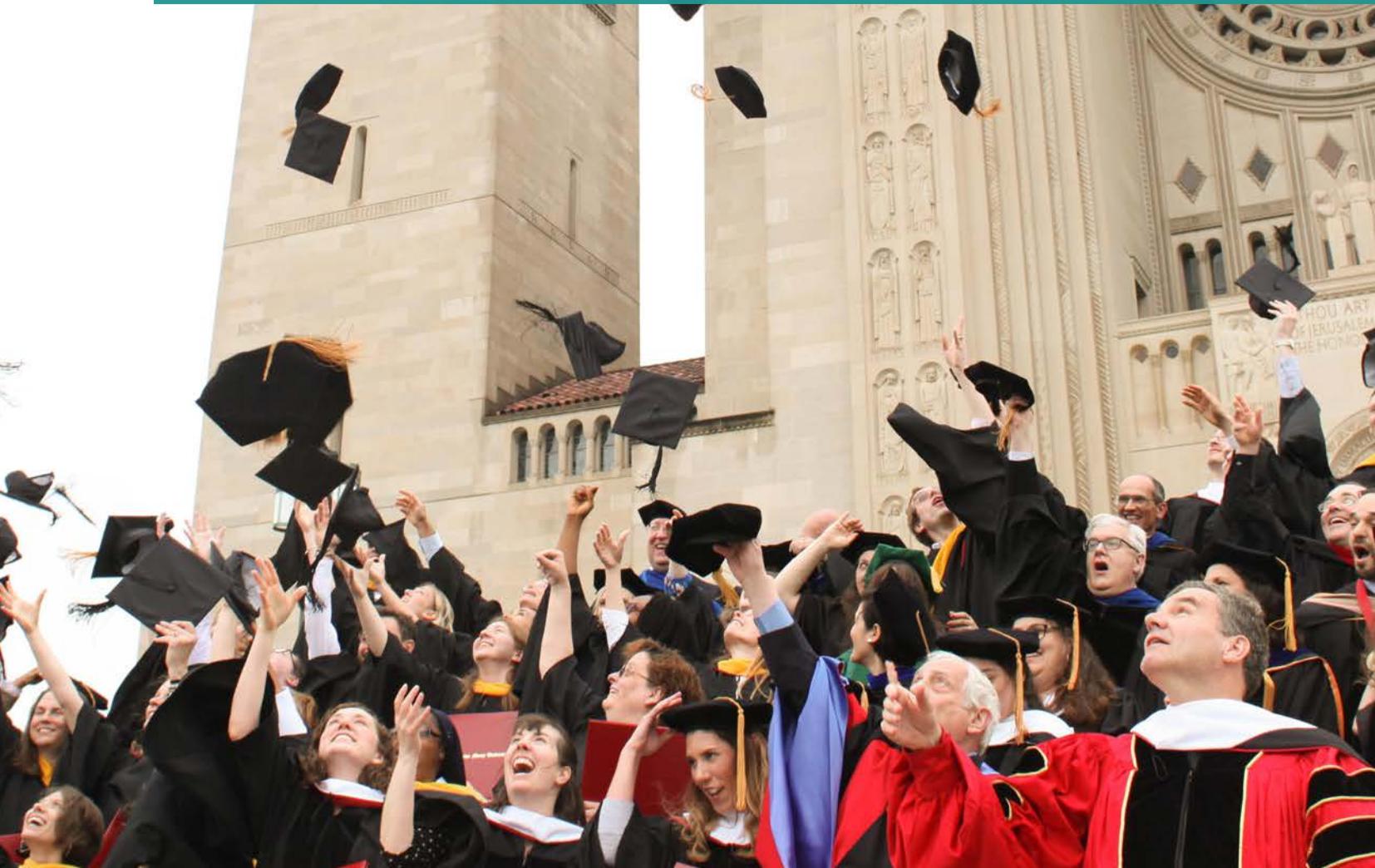


17TH GRADUATION MASS & COMMENCEMENT EXERCISES



"Continue to train harder than everybody else, continue your search for excellence. God has prepared you for the next step, but by no means does that mean learning stops with a degree. This should be a source of joy – a lifelong education."

- Dr. Benjamin S. Carson, United States Secretary of Housing & Urban Development



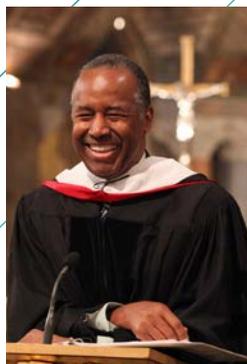
2018 HEALERS OF TOMORROW



The 2018 graduates embark on their unique mission to accompany those who are suffering, to be present to those in need and to share the insights regarding the human person with everyone they encounter.



Most Reverend Michael F. Burbidge, from the Diocese of Arlington, Virginia, was the principal celebrant of the Graduation Mass and an honored guest.



The Honorary Degree Recipient & 2018 Commencement Speaker was Dr. Benjamin S. Carson, United States Secretary of Housing and Urban Development. Carson, who has a long and distinguished career in medicine and public service, shared with graduates his dedication to helping others and protecting human dignity throughout his professional career.



Dr. Peter Martin, IPS Class of 2009, was honored with the 2018 Distinguished Alumni Award. He shared that following graduation, there are many important life experiences ahead.

“You [graduates] will learn more about your calling to heal than your academic training could have possibly equipped you before today. Embrace the sometimes challenging years of transformation to come in your work with your clients and grow in wisdom and virtue in the Lord as his faithful disciple.”



45
GRADUATES



A CATHOLIC CHRISTIAN META-MODEL FRAMEWORK FOR MENTAL HEALTH PRACTICE

W. J. Nordling, P.C. Vitz, C.S. Titus, & the DMU Group

Expands the vision of the person.

The Catholic Christian Meta-Model of the Person presents a systematic, integrative, non-reductionist understanding of the person, marriage and family and society developed from the psychological sciences, philosophy, and the Catholic theological tradition and worldview. The Meta-Model integrates the methods and findings of these three disciplines to understand eleven essential dimensions of the person.

“The Catholic Christian Meta-Model of the person presents a systematic, integrative, non-reductionistic understanding of the person, marriage and family, and society...”

These include the narrative of the person as (1) existing and fundamentally good (created), (2) affected by disorders (fallen), and (3) capable of healing and flourishing (redeemed). The person is (4) a unified whole, (5) fulfilled through three types of vocational callings (individual goodness and relationship with the transcendent; vocational states; and life work), (6) fulfilled in virtue strengths and development, (7) and fulfilled in interpersonal relationships. The person is (8) sensory-perceptual-cognitive, (9) emotional, (10) rational and intelligent, and (11) volitional and free.

Enriches mental health practice.

The Meta-Model serves as a framework for mental health practice and for understanding the person through: assessment and diagnosis of client strengths and weaknesses, psychological disorders and problems of everyday living; explaining how problems have developed; establishing treatment goals; and selecting and implementing evidence-based treatment interventions.

Adopting the integrative perspective of the CCMMP as a framework benefits clinical practice by providing the structure to integrate existing personality theories and evidence-based therapeutic interventions to fulfill its comprehensive view of persons and the treatment of their problems. Furthermore, the Meta-Model approach also brings benefits by identifying the importance of life callings and vocations of clients and of the development of virtue and character to fulfill them. Finally, the Meta-Model also enhances ethical practice by grounding traditional professional ethical principles and the respect for diversity in a moral normative understanding of the person who possesses innate goodness and dignity in being created unique and in the image of God.

Benefits the client.

The CCMMP approach to mental health practice helps the clinician and client to understand the client's life narrative and its challenges through this non-reductionist framework. This framework requires consideration of personal development, interpersonal relationships, values, character strengths and weaknesses, vocational commitments, existential issues, diversity, social contexts, and spiritual life.



The client is viewed as a unique person, essentially good and possessing dignity. The practitioner acts collaboratively with the client to understand and implement treatment. In doing so, the clinician acts for the client's healing and flourishing in a manner that reflects love of neighbor and respect for the client's conscience and freedom to make life decisions.

Clarifies and supports the clinician's Christian identity. The CCMMP clarifies how practitioners' lives are integrated with their professional practice and faith. Becoming a mental health professional is experienced as a calling by God to serve His people. In accepting this call, the clinician becomes responsible for developing the professional competencies and virtues (such as empathy, patience, and practical wisdom) needed for effective practice. The Meta-Model's worldview motivates a capacity and willingness to generously and unselfishly help all people, including disadvantaged populations, religious ministries, and charitable programs.

"This framework requires consideration of personal development, interpersonal relationships, values, character strengths and weaknesses, vocational commitments, existential issues, diversity, social contexts, & spiritual life. "

As Christian practitioners, they integrate both professional and Christian ethics in their clinical work to promote their client's freely chosen goals aimed at psychological, moral, and spiritual flourishing. When some aspects of the clients' goals are contrary to Christian ethics and to their ultimate welfare, the practitioner works in a compassionate and non-judgmental way to assist with as many of their goals as is allowable, according to professional and Christian ethics. This ethical attentiveness allows respect for the client's dignity, conscience, character development, and freedom, while also enabling practitioners to remain faithful to their own conscience.

This framework document is a cornerstone for the soon to be published volume called *A Catholic Christian Meta-Model of the Person: Integration with Psychology and Mental Health Practice*. The Department of Integrative Studies at DMU has made great progress in preparing this volume to reach a large audience of students and professionals in the mental health field. The book will be published by Divine Mercy University Press.



A CATHOLIC CHRISTIAN META - MODEL OF THE PERSON



INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES

FAITH & REASON IN ACTION

Clinical Training

The Psy.D. in Clinical Psychology program aims to prepare our students to become licensed clinical psychologists trained in the best empirical, scientific and clinical methods of psychology as well as the Christian understanding of the person, marriage and the family. Currently we have 15 students placed at the following mental health institutions in a mix of placements, both locally, and on the national level.

Psy.D. Clinical Placements:

Psychiatric Institute of Washington (PIW)
Inova Fairfax Hospital
Fountain of Life, LLC
George Mason University Counseling Center
Saint Elizabeth's Hospital
National Institutes of Health (NIH)
Neuropsychology Unit
Loudon County Mental Health Services
Vital Sources
National Security Agency (NSA)
Catholic Social Services/Nebraska Intern Consortium **Lincoln, NE** (APA accredited)
Riverview Psychiatric Center (APPIC accredited) **Augusta, ME**
VA Nebraska-Western Iowa Health Care System **Lincoln, NE** (APA accredited)
Baylor University Counseling Center **Waco, TX** (APA accredited)

IPS Student Symposium

On September 8th, 80 DMU students, faculty, and staff gathered for the 2nd Annual IPS Student Symposium. Organized by the Department of Research Training, a small group of advanced doctoral students presented on a variety of subjects in the categories of Theology, Psychology and Integration. Following the oral presentations, poster presentations were given from an array of students that were diverse in topic and research areas.

Committing to Meaning in the Age of Identity Exploration by Mairead Bogley

Celibacy and Eros: An Integrated Approach to Sexuality in Religious Life by Fr. Bryan Duggan (Best in Theology)

Integrated Self, Integrated Other: The Role of Bottom-Up and Top-Down Psychological Processes in Shaping Empathic Abilities by Maura McFadden (Best in Psychology)

A Theology of Laughter and the Body: Social Laughter as an Expression of Man's Psychosomatic Intersubjectivity by Annamarie Sproull (Best in Integration)



2018-2019 Psy.D. Cohort

CURRENT ENROLLMENT &

118

M.S. IN COUNSELING

130

M.S. IN PSYCHOLOGY

63

Psy.D. in CLINICAL
PSYCHOLOGY



SCHOOL OF COUNSELING



Highlights M.S. in Counseling

Since the program began in 2016, the School of Counseling has achieved many growth milestones. Currently, with 119 active students in various stages of the program, the upcoming year will mark the first graduating class from the program. This summer, 13 students began the first practicum course, including a residency, for final assessment and training of dispositions, skills and knowledge for clinical placement, with site placements all across the country.

M.S. Clinical Placements in:

- | | |
|-----------|----------------|
| Colorado | North Carolina |
| Maryland | South Dakota |
| Michigan | Texas |
| Minnesota | Virginia |
| Montana | West Virginia |

As the students prepare to finish their clinical and course requirements, the faculty of the School of Counseling has been hard at work with 4 program courses in development, to add to the 17 already completed. The School of Counseling has grown to include the full-time Academic Dean, 6 full-time counseling faculty members, 1 full-time philosopher/theologian faculty and 7 adjunct faculty members.

The Center for Trauma and Resiliency Studies completed a number of trainings and deployments this past year, including Florida, Virginia, Puerto Rico, Virgin Islands, Lebanon and Romania.



DMU students provided presentations and training on various aspects of trauma. To read the blog of the Romania trip, visit blog.divinemercy.edu.



M.S. in Counseling Residency

Students come from

32

U.S. States & Canada

44

International Students

Australia, Bahamas, Cameroon, Canada, Ecuador, Ghana, Haiti, India, Ireland, Italy, Kenya, Lebanon, Mauritius, Mexico, Nigeria, Philippines, South Korea, Spain, Thailand, The Gambia, Trinidad & Tobago, United Kingdom

& STATISTICS

47

Consecrated Religious & Priests

258

Alumni

HEALING IN ACTION

Our Alumni in Action

Divine Mercy University's alumni network - with more than 250 working professionals, psychologists and counselors - constitutes a major resource across the country, providing services, leadership and education. Most of our alumni work directly with individuals, groups and families in need, or provide the leadership that makes such professional work possible and effective. We are especially proud of our alumni in positions of leadership in the profession, practicing in diverse clinical, academic and administrative settings.



Sr. Okechi Njoku, M.S.

I grew up in Lagos, Nigeria, and attended grammar and secondary schools in that city. I've been a head teacher at two schools and supervisor of the CARITAS schools in

Sierra Leone. Today, I'm director of the Holy Rosary Counseling and Peace Centre in Sierra Leone. Our order has been in the country since 1948, helping people through every sort of crisis from civil war to the Ebola epidemic. I enrolled in the DMU program because I felt I needed something more to add to my understanding of a human person in order to help humans to flourish. I like the DMU understanding of the Catholic-Christian vision of a human person. After my DMU studies, I treat my workers, those around me and myself with more respect. I work as a transformational leader.



Michelle C. McLaughlin, M.S.

My interest in psychology came late in life (I was 50 when I started IPS) and it's really a second career after I retired from the Army. Currently I am working full-time for the Federal Government in emergency management, medical policy and synchronization. I work with other Psychologist and Mental Health providers in the context of National Security professionals. DMU showed me what the integration of faith into work should be. It's more than just being able to mention God in a therapy session but also the unspoken words and respect for the dignity of another. To see what God has created in our human-ness and our purposes to serve him through caring for others.



Fr. Keith Chylinski, M.S.

Father Keith Chylinski is a priest in the Archdiocese of Philadelphia and the director of counseling services at St. Charles Borromeo Seminary in Wynnewood,

Pennsylvania. He is also an alumnus of the Institute for the Psychological Sciences (IPS) at Divine Mercy University. In his recent article for The Priest Magazine, Chylinski shares insight into what he learned of how awareness and application of sound psychological principles are vital for a priest's growth both as a Christian disciple and in his pastoral care for others. This is why, today, more priests are being called to pursue a Master's Degree in Psychology in order to grow as transformational leaders and further enhance their capabilities in their ministerial and pastoral duties.

2018 Doctoral Dissertations



Gregory Bottaro, Psy.D.

Greg Bottaro is the author of *The Mindful Catholic: Finding God One Moment at a Time* and the founder

and director of the CatholicPsych Institute, which offers a variety of psychological services grounded in Catholic philosophy. Before getting his doctorate in clinical psychology and discerning that he was called to married life, he spent four years living as a Franciscan friar under the direction of Fr. Benedict Groeschel. In Greg Bottaro's upcoming publication (April, 2019), *Sitting Like a Saint: Catholic Mindfulness for Kids*, he collaborated with his wife with the hope of helping other families slow down and be present to each other and God.



Julia Hogan, M.S.

Licensed Clinical Professional Counselor Julia Hogan knows, from personal experience,

the importance of self care. She values this quality so much that she wrote a book with a holistic workbook that helps readers improve their physical, mental, emotional, relational and spiritual well-being. She was inspired to write her self-help book after recognizing that nearly all of her patients were feeling overwhelmed due to the lack of sleep, exercise or proper eating. Additionally, the contents of the book were based on knowledge and practical training from her Master's in Clinical Psychology degree from IPS.

Krystyna A. Brandt

Cultivating Resilience: Contributions of Purpose in Life, Metacognition, and Humility-Honesty
Chair: Anna Pecoraro, Psy.D.

Laura Ann Cusumano

The Integration of a Spiritually Informed Component with Radically Open-Dialectical Behavior Therapy for Anorexia Nervosa: The Clinical Value of a Catholic Approach to Humble Self-Surrender (Humility) and Responsible Love (Temperance)
Chair: Lisa Klewicki, Ph.D.

Amanda Maria Faria

Mass School Shootings: Psychosocial Characteristics in the Lives of Perpetrators
Chair: Paul C. Vitz Ph.D.

Stacia Anne Kula

Introducing Self-Regulation in School Psychology to Facilitate Psychosocial Maturity in Adolescents
Chair: Paul C. Vitz, Ph.D.

Daniel Robert McClure

The Confluence of Attachment, Hope, and Beauty in a Philosophy of Communion
Chair: Harvey Payne, Psy.D.

Gerard Thomas McNicholas

Toward a Narrative Approach to Christian Marital Therapy
Chair: Paul C. Vitz, Ph.D.

Thomas Allen Wood

Self-object Needs of Patients in Treatment for Substance Use Disorders
Chair: Roman Lokhmotov, Psy.D.

Anna Maria Zganiacz Lohmann

Building Empathy in Therapists in Training through Reading Literary Fiction
Chair: Roman Lokhmotov, Psy.D.

Claudia Chamberlain Zohorsky

Psychotherapeutic Cultivation of a Capacity to Love: A Multidisciplinary Approach
Chair: Philip Scrofani, Ph.D., ABPP



IPS CENTER

FOR PSYCHOLOGICAL SERVICES

IPS Center Expansion

Throughout this past year, The IPS Center for Psychological Services continued to provide the community with high quality, affordable mental health services that understand the emotional, biological, social, spiritual and psychological aspects of a person. During the 2017-18 academic year, 13 clinical externs served more than 70 clients, with over 70% being new clients, which is considerably larger than previous years.



With the growth of the IPS Center, new staff and clinical supervisors have been added to support the doctoral students. Dr. Ana Buenaventura and Dr. Jeanne Piette are overseeing the clinic and the clinical training of the doctoral students.

During the 2018-19 academic year, which is just beginning, 20 total externs (8 of whom only started last week) are seeing about 35 clients currently in the clinic. As the need continues to be present in the local community, the IPS Center serves as a resource for many who look for mental health services.

The transition to DMU's new, permanent campus will take place over the summer of 2019, the IPS Center will open it's new doors in Sterling, VA in August of 2019.

New IPS Center Staff



Dr. Jeanne Piette, new Co-Director of the IPS Clinic, completed her Ph.D. and M.A. in Clinical Psychology at Loyola University Chicago and her B.A. in Psychology at Marquette

University. She completed her predoctoral internship at Illinois Masonic Medical Center. Dr. Piette has worked as a clinician, supervisor and administrator in a wide variety of clinical settings.



Dr. Helena Orellana, new Associate IPS Clinic Director, received her doctoral degree from the Institute for Psychological Sciences in 2017. She completed an APA

accredited pre-doctoral internship through the Nebraska Internship Consortium in Professional Psychology, where she pursued a dual focus in adult group therapy and individual therapy for adults who experienced chronic childhood abuse. Dr. Orellana completed an APA accredited post-doctoral residency at the Togus VA in Maine.





CENTER FOR TRAUMA & RESILIENCY STUDIES



Students Travel to Romania

A group from the Center for Trauma and Resiliency Studies (CTRS) at Divine Mercy University traveled to the country of Romania for an immersion and educational experience over the summer to assist local communities with various outreach organizations. Romania is at the crossroads of Central and Southeastern Europe, lying adjacent to the Black Sea, and is home to the seventh largest population in the European Union that's incredibly diverse.

“There is a lot of need in Romania,” said Dr. Benjamin Keyes, Director of the CTRS, who has traveled to Romania previously. “They have been through a lot as a country and the conditions are getting increasingly difficult to live and work. There is much to be done to support the local communities who are suffering.”

During the two-week trip, the group of 21 students and professionals—which included Dr. Kathie Erwin and Dr. Benjamin Keyes from Divine Mercy University, Dr. Kim Harris from the Green Cross Academy of Traumatology, and Dr. Kathy Averson of Regent University—worked alongside the Smiles Foundation, a non-profit organization dedicated to relieve poverty and advance education in the local communities. The Smiles Foundation is doing God's work in a place where there are not many services available to the community. By providing presentations and training on various aspects of trauma, the team was able to address many relevant topics for the community. For many, understanding the impact of grief and loss, compassion fatigue, and how to work with families and children who have been traumatized provides an educational foundation on which to grow the infrastructure of their outreach programs and better serve the community needs. Encountering and spending time with the various communities had a tremendous impact on the DMU group. M.S. in Counseling student Rose Bond shared some of her own insights working in the community.

“Romania has a diverse population of many cultures,” she said, “I visited a school and totally enjoyed the children. Being a child at heart, I soon found myself playing soccer with the children and trying to keep up with their energy levels.”



Always ready to lend a hand, M.S. Counseling students helped those in need while in Romania.

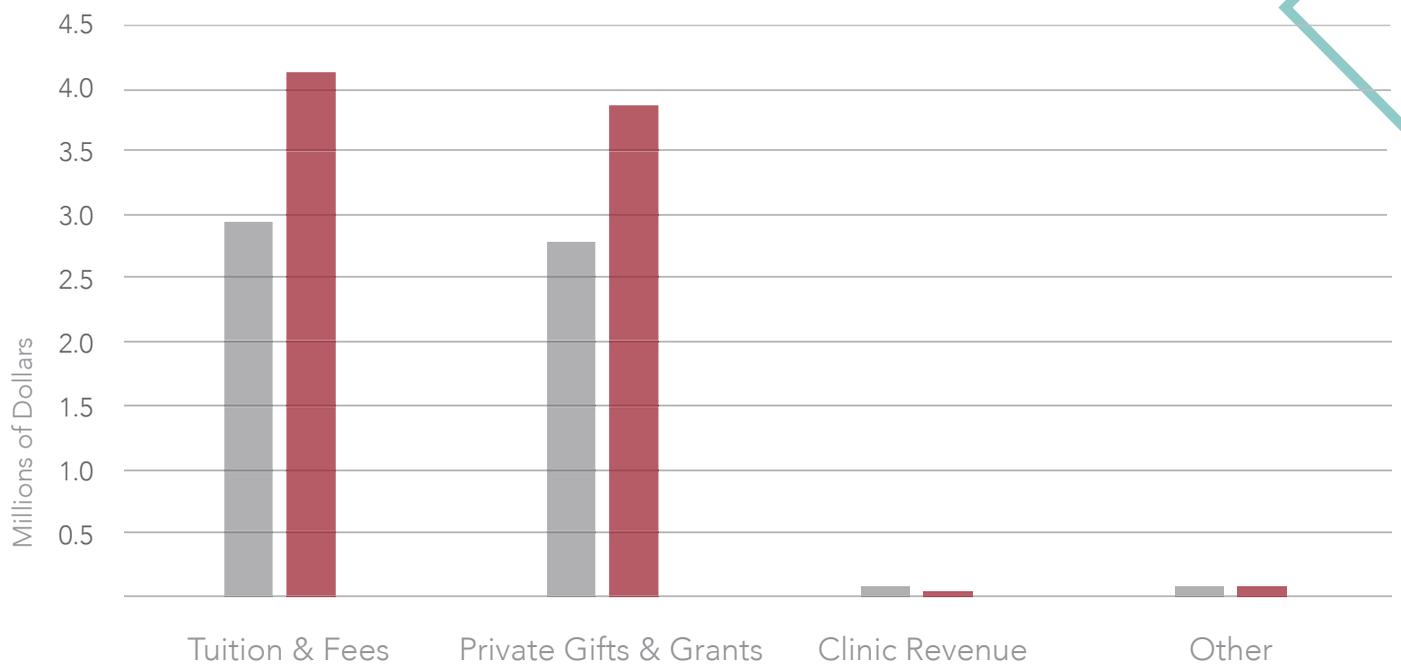
Anthony Flores, M.S. in Counseling student who has traveled to many locations with the CTRS, reflected about his experience in Romania.

“I'm asked all the time about my favorite part of this deployment, and every time my answer remains the same: the people. More specifically a little girl, no older than 5 years old in a Gypsy village infested with flies and a terrible stench. In the midst of it all, there she was with the most beautiful brown eyes and softest of smiles. She was so happy and joyful that it filled me with joy. In that moment I realized that I went to Romania to make a difference to the people there, I didn't expect them to impact my life the way they did. It is beyond words.”

The DMU students who participated in the two-week immersion received 100-120 direct hours with 20-30 hours of supervision, which can be applied to their Clinical Traumatologist certification through the Green Cross Academy of Traumatology. Next year, a group will travel to Kenya to provide trainings to pastors, priests, hospital clinics and the community.

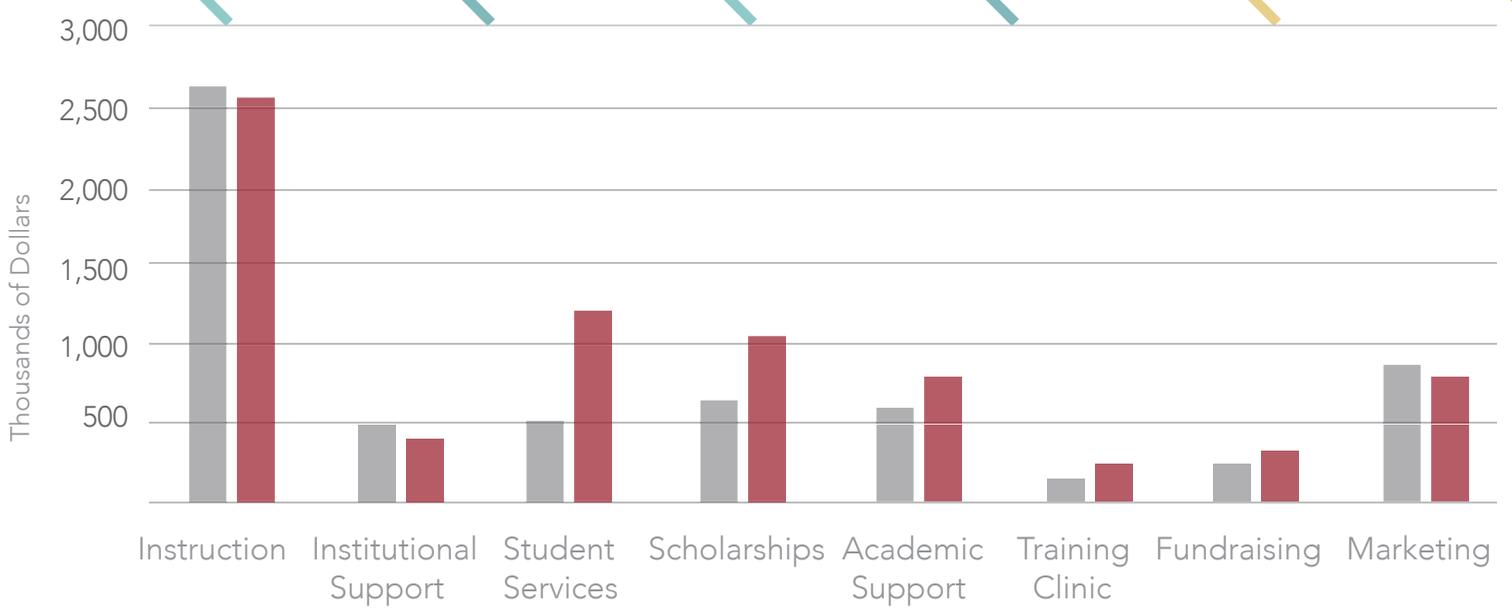
STATEMENT OF ACTIVITIES

REVENUE	2017	2018
Tuition & Fees	\$2,974,130	\$4,165,964
Private Gifts & Grants	\$2,811,739	\$3,894,861
Clinic Revenue	\$72,827	\$27,283
Other	\$69,177	\$85,547
Total Income	\$5,927,873	\$8,173,655



THANK YOU TO ALL OF OUR GENEROUS DONORS WHO SUPPORT THE UNIVERSITY. YOU HAVE HELPED US PROVIDE A HIGH QUALITY, CATHOLIC EDUCATION IN PSYCHOLOGY & COUNSELING.

EXPENSES	2017	2018
Instruction	\$2,635,551	\$2,557,240
Institutional Support	\$503,531	\$403,622
Student Services	\$528,315	\$1,213,088
Scholarships	\$653,159	\$1,043,549
Academic Support	\$619,747	\$807,834
Training Clinic	\$166,462	\$254,792
Fundraising	\$249,067	\$338,901
Marketing	\$881,044	\$787,742
Total Expenses	\$6,237,723	\$7,416,768
Net Income	(309,850)	756,887





INVEST IN OUR FUTURE: CRITICAL MISSION,
GROWING IMPACT & PROMISING FUTURE

“Our unique mission allows us to make an exceptional impact on the world around us. It gives the University, its graduates and its supporters a wonderful opportunity to help alleviate one of society’s most painful problems—mental illness.”

**Fr. Charles Sikorsky, L.C.,
University President**



LAUNCHING DIVINE MERCY UNIVERSITY INTO THE FUTURE

YOU CAN MAKE A DIFFERENCE TODAY.



3-Year Capital Campaign

Divine Mercy University is in the midst of a \$12 Million Capital Campaign over the course of three years to provide funding for a number of urgent needs. We have already raised over \$5 million in gifts and we need your help to raise the remaining funds and reach our goals:

Purchase of a New Campus

Our new campus in Sterling, VA, includes 5 acres, over 46,000 square feet of possible classroom and office space, and a parking lot with almost 300 spaces. It is strategically located near Dulles International Airport, restaurants and hotels.

Raised - \$2.5 Million

Renovation of the New Campus

The newly purchased facility has to be converted from an office building and surrounding grounds to a university campus with classrooms, a library, a student center, a clinic, a chapel and much more. Classes are scheduled to begin there next year.

Goal - \$3 Million

Scholarship Funding for New Students

Last year we provided over \$1 million in scholarships to our students. We continue to provide aid to students who are unable to attend without assistance. Increasing our scholarship funding will boost enrollment and help us reach our goal of more than 500 students by the 2020/2021 school year. Our students depend on scholarships for their education and this is not possible without our generous donors.

Goal - \$4.5 Million

New Program Development

Goal - \$1 Million

Reserve Fund

This will give DMU the resources to maintain our new campus and to provide for future renovation or expansion.

Goal - \$1 Million

To make a contribution to the Capital Campaign visit:

DivineMercy.edu/SupportDMU

or **make check payable to:**

Divine Mercy University
2001 Jefferson Davis Highway, Suite 511
Arlington, VA 22202

or **call: (703) 416 - 1441**

OUR NEW CAMPUS

Located in Sterling, Virginia on 5.1 acres, we look forward to moving to our new permanent campus in 2019.

- Increased square footage gives space to grow current programs, expand our training clinic, and accommodate many new students
- Provides space for a chapel worthy of our mission
- Housing costs near the new site are 35% less than the current location
- Close to 300 parking spots
- Corporate setting with walkable restaurants and hotels
- Densely populated Catholic area with many supportive parishes
- Exceptional location adjacent to Dulles International Airport and 1.8 miles from the new Metro Silver Line Station
- Proximity to airport and additional space makes it very convenient to host residencies for our online students and national/international training programs and conventions
- Strengthens our long-term sustainability

PRESENT-JUNE 2019



JULY 2019

AUGUST 2019

Relocation of DMU Campus

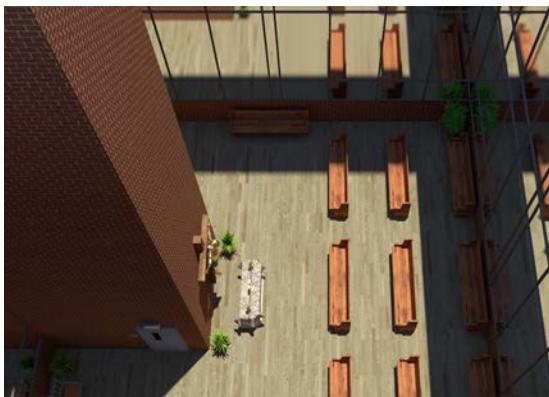
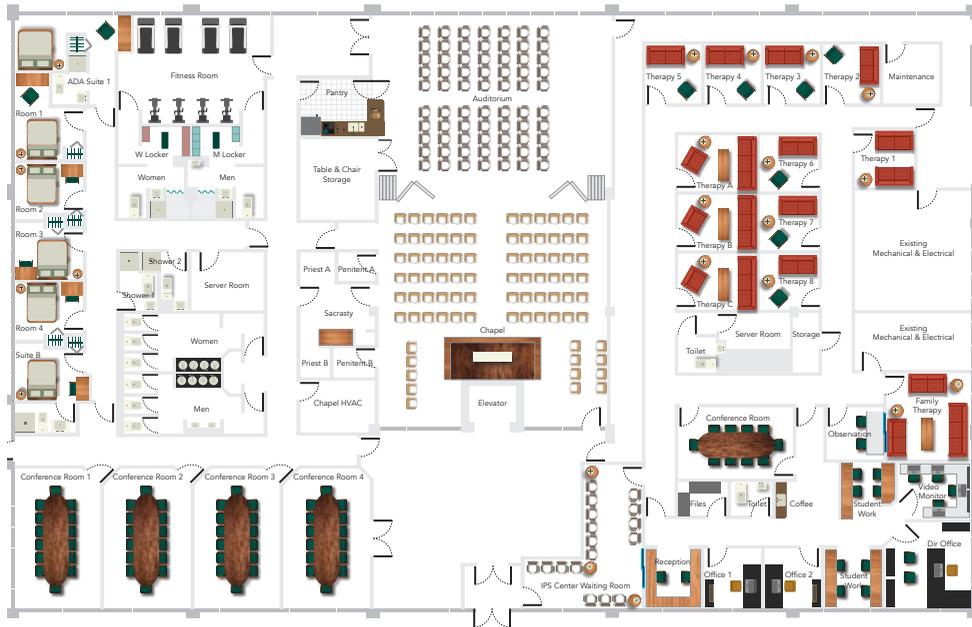
**Official Opening of
New Campus**

Classes Begin
IPS Center Opens



FIRST FLOOR

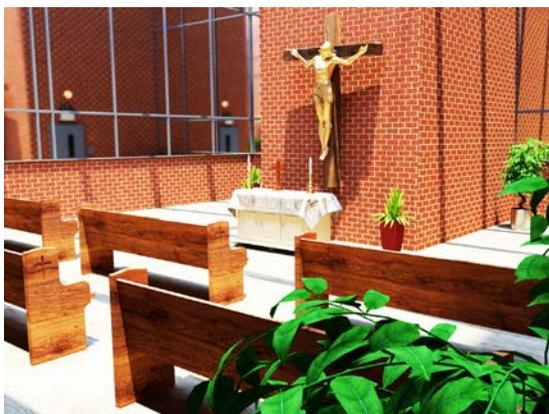
SECOND FLOOR



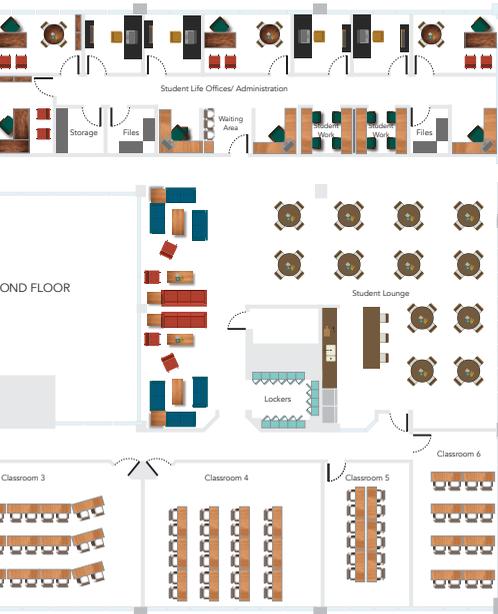
Chapel



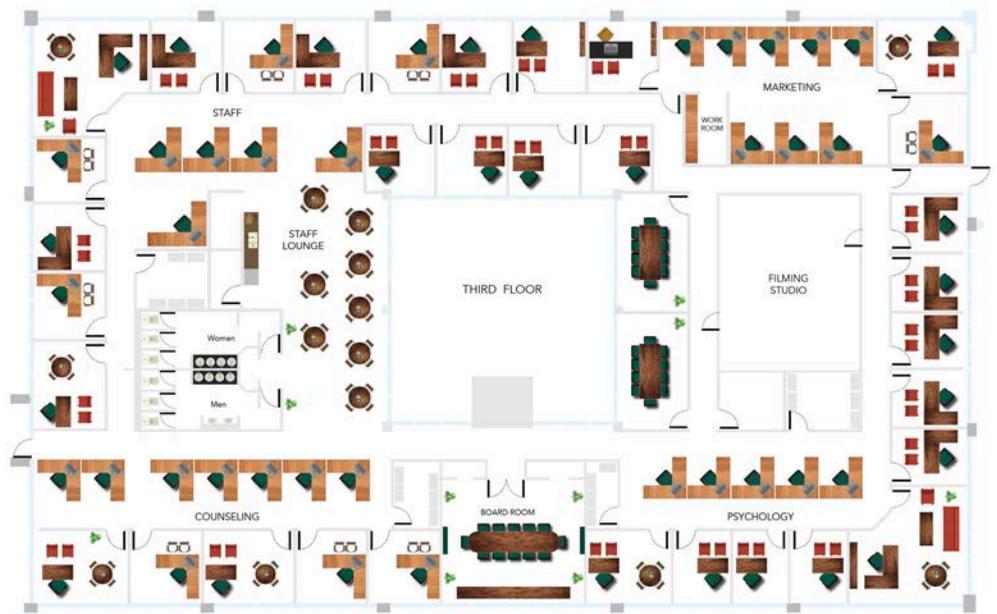
Gym & Locker Room



SECOND FLOOR



THIRD FLOOR



Library



Student Lounge



GROWTH INTO THE FUTURE

SCHOOL OF COUNSELING

M.S. IN COUNSELING [ONLINE]

The hybrid online Master's in Counseling with an annual in-person residency degree helps students acquire the necessary counseling knowledge and skills needed to educate and practice in the core counseling dispositions established by industry standards. State of the art technology is used for both asynchronous (traditional online learning) with significant use of video taping of various clinical and professional skills to be reviewed by peers and faculty. This program has been designed for working professionals that would like to work and still earn a master's in counseling at the same time.

A Growing Student Body

Our student population has grown over the last three years with the establishment of the online M.S. in Psychology program, the launch of the online M.S. in Counseling program, and APA-Accreditation of the Psy.D. program.

Looking ahead to 2020, when we will see the first graduates of our M.S. in Counseling program in the field, and the strategic growth of our Psy.D. program, we anticipate a significant increase in the student population. This growth demonstrates that a new campus is urgently needed!

INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES

PSY.D. IN CLINICAL PSYCHOLOGY APA-Accredited*

Graduates of DMU's Institute for the Psychological Sciences (IPS) program are trained to address today's mental health challenges by utilizing advanced psychotherapy skills, assessment, and a focus on specific pathologies and concepts within the field of psychology. This program adopts as its training model a modified version of the Practitioner-Scholar model, which is based upon guidelines developed by the National Council of Schools and Programs of Professional Psychology (NCSSP).

45% STEADY ENROLLMENT GROWTH
M.S. IN COUNSELING

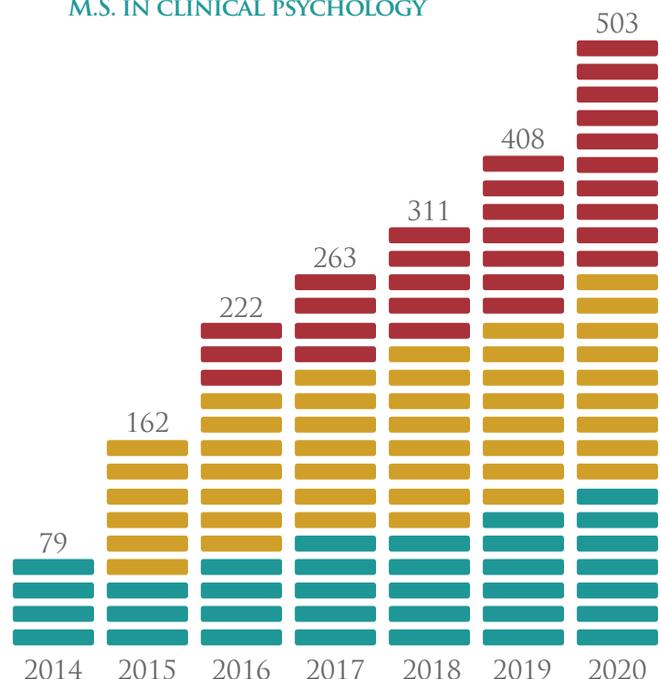
20% STEADY ENROLLMENT GROWTH
M.S. IN PSYCHOLOGY

18% STEADY ENROLLMENT GROWTH
PSY.D. IN CLINICAL PSYCHOLOGY
M.S. IN CLINICAL PSYCHOLOGY

INSTITUTE FOR THE PSYCHOLOGICAL SCIENCES

M.S. IN PSYCHOLOGY [ONLINE]

This online Master's in Psychology program seeks to exhibit advanced professional skills such as communication, interpersonal and leadership skills, budgeting, program evaluation, and cultural awareness in order to enable growth as a transformational leader in a service-delivery setting. The degree has been designed for the working professional that wants to advance in their career without the stress of being on campus while learning. Completely online, be anywhere in the world and work towards advancing your education and degree! Through Divine Mercy University's unique curriculum, you will become a transformational leader, strengthened by Catholic-Christian teachings on human dignity and informed by foundations in modern psychology.



*Questions related to the program's accredited status should be directed to the Commission on Accreditation: Office of Program Consultation and Accreditation American Psychological Association 750 1st Street, NE, Washington, DC 20002 Phone: (202) 336-5979 / E-mail: apaaccred@apa.org Web: www.apa.org/ed/accreditation

DIVINE MERCY UNIVERSITY SCHOLARSHIP PROGRAM



Last year we provided over \$1 million in awarded scholarships to our students.

We continue to provide aid to students who are unable to attend without assistance.

Our students depend on scholarships for their education and this is not possible without our generous supporters.



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- Psy.D. Scholarship – up to 50% tuition scholarship
- St. Ireneaus Scholarship – \$13,750
- Thelan Endowment – \$3,000
- St. Martin DePorres Scholarship – \$1,000
- Early Admission Scholarship: Institutional – \$500-\$1,500

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MILESTONES IN DMU'S 20 YEAR HISTORY

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From what started as a small vision from Dr. Gladys Sweeney, Dr. Paul Vitz, Dr. William Nordling and Mrs. Nancy Flynn, a handful of mental health professionals, academics, and clinicians back in 1997, initially incorporated as The Institute for Faith and Psychological Sciences in the Commonwealth of Virginia in the original rented classroom space at the Chain Bridge Marriott and the office space at 2001 Jefferson Davis Highway. Their vision was the need for an institution of higher education that could bring psychology into harmony with the truth and wisdom of the Catholic-Christian vision of the human person as well as a life of virtue and moral values. Mental health professionals that are grounded in an understanding of the nature, dignity, and purpose of the human person can bring people to deeper levels of healing, and in effect, transform society one person at a time.



..... 1999

In 1999, the Institute for Faith and Psychological Sciences changed its name to The Institute for the Psychological Sciences and began offering instruction leading to the Master of Science degree in Clinical Psychology.

In 2000, the State Council of Higher Education for Virginia (SCHEV) granted provisional approval for the University to confer the Master of Science and the Doctor of Psychology degrees in Clinical Psychology. The University awarded its first degrees in the Master of Science program. The first students enrolled in the Doctor of Psychology degree program in Clinical Psychology. Also in 2000, the Institute founded the John Henry Cardinal Newman Lecture Series.



The INSTITUTE *for the*
PSYCHOLOGICAL SCIENCES
CATHOLIC PHILOSOPHY | MODERN PSYCHOLOGY



**DIVINE MERCY
UNIVERSITY**



MOVING TOWARD OUR



..... 2009

Named President in 2003, Fr. Richard Gil established the IPS Press in 2004 to publish approaches to the psychological sciences that are integrated with a Catholic view of the human person and the moral life. In 2005, the Southern Association of Colleges and Schools Commission on Colleges (SACS COC) granted IPS initial accreditation to award masters and doctoral degrees and IPS awarded its first doctoral degree in clinical psychology

Named President in 2005, Fr. John Hopkins L.C. oversaw recognition with the Association of State and Provincial Psychology Boards (ASPPB)/National Register Designated Doctoral Program in Psychology to have the Doctorate in Clinical Psychology (Psy.D.) Program, which was achieved in 2006.

Named President in 2007, Fr. Charles Sikorsky L.C. oversaw the opening of the Center for Psychological Services for student practicum experiences. The IPS Press also released its first publication, *The Person and the Polis: Faith and Values within the Secular State* which gave a prelude to the kind of integrated academic and clinical research that would distinguish IPS.

In 2008, the first Psy.D. graduates were licensed as clinical psychologists. In 2009 celebrating its 10th Anniversary since its founding, IPS faculty authored the first Catholic issue for the respected publication, *Edification: A Journal of the Society of Christian Psychology*.



..... Today

In 2010, the Southern Association of Colleges and Schools Commission on Colleges (SACS COC) reaffirmed IPS for accreditation for another 10 years. Broadened licensure opportunities at the master's level in less time enhanced the Master's Program in Clinical Psychology in 2012.

In 2014, the Institute launched its M.S. in Psychology program online, with its focus on educating working professionals and giving them the practical tools to become transformational leaders in their workplace or ministry. The initial enrollment of 24 has increased to 125 as of Fall 2018.

The institution changes its name to Divine Mercy University in 2015 to correspond to the Vatican's announcement of a year dedicated to the same. President Sikorsky and the Board of Directors established the School of Counseling and the Master of Science in Counseling with a concentration on Mental Health Community Counseling beginning Fall 2016.

The 2016 year was one of monumental achievements. The American Psychological Association granted accreditation to the Psy.D. program. The Center for Trauma and Resiliency Studies at Divine Mercy University opened. A new academic program, the M.S. in Counseling, opened, which will see its first graduating class in Spring of 2019.

In 2017 through the generous donation, Divine Mercy University acquires a new campus in Loudoun County with plans to relocate the university in 2019, the 20th anniversary of the school's founding.



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