

**CURRICULUM VITAE**  
(updated February 22, 2023)

**Craig Steven Titus**

Professor  
Divine Mercy University  
School of Counseling  
Institute for the Psychological Sciences  
45154 Underwood Lane  
Sterling, VA 20166

**Education:**

1996-2002: Doctoral program in Moral Theology and Ethics (S.Th.D/Ph.D.), Pontifical Faculty of Theology, University of Fribourg. Dissertation: *Resilience and Christian Virtues: What the Psychosocial Sciences Offer for the Renewal of Thomas Aquinas' Moral Theology of Fortitude and its Related Virtues*. Directors: Professor Michael Sherwin, O.P. & Professor Servais-Théodore Pinckaers, O.P.

1988-1990: Theology studies (S.T.L), University of Fribourg. Comprehensive exams: Christian ethics, dogmatic theology and Church history. Thesis: *The Development of Virtue and 'Connaturality' in Aquinas' Works*. Thesis director: Professor Servais-Théodore Pinckaers, O.P.

1985-1986 / 1987-1988: Theology studies, Graduate Theological Union, Berkeley, CA.

1983-1986: Philosophy studies (Masters of Arts degree in philosophy), Dominican School of Philosophy and Theology, GTU, Berkeley, CA. Thesis: *Language and metaphysics in Aquinas, Hegel, and Ricœur*.

1977-1982: Philosophy studies (Bachelor of Arts), Arizona State University, Tempe, AZ.

**Professional Activities:**

2021 to present: Professor, School of Counseling at Divine Mercy University, Sterling, Virginia.

2016 to 2021: Professor and Director of the Department of Integrative Studies at the Institute for the Psychological Sciences (IPS) and Divine Mercy University, Sterling, Virginia

2010-2016: Associate Professor and Director of Integration Studies at the Institute for the Psychological Sciences (IPS), Arlington, Virginia.

2006-2010: Research Professor at the IPS.

2008-2010: Vice-Director, Servais Pinckaers Archives (University of Fribourg, Switzerland).

2009- 2010: Vice-Director, Institut S. Thomas d'Aquin pour la théologie et la culture (ISTAC, University of Fribourg).

2003-2008: Researcher and Lecturer, Pontifical Faculty of Theology, University of Fribourg.

2003-2006: Visiting Assistant Professor, IPS.

2002-2003: Assistant Professor, IPS.

1997-2002: Research/Teaching Assistant, Pontifical Faculty of Theology, University of Fribourg.

1991-1997: Assistant to the Secretary-General (SG) of the International Catholic Child Bureau (BICE), headquarters in Geneva, Switzerland: staff theologian.

1990-1991: Instructor at Victor Ebner-Formation Linguistique et Recherche Pédagogique, Geneva, Switzerland.

1984-1986 and 1987-1988: Instructor at Queen of the Holy Rosary College, Mission San Jose, CA.

### **Diplomas, Awards, and Scholarships**

2021 Catholic Media Association Award. Faith and Science category, Honorable Mention for the publication: P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice*. Sterling VA: Divine Mercy University Press.

2020 Expanded Reason Award (co-principal with P. C. Vitz and W. J. Nordling), Vatican Foundation Josef Ratzinger/ Benedict XVI and Universidad Francisco de Vitoria (Madrid, Spain)

2002 Sacred Theology Doctorate (S.Th.D./Ph.D.) University of Fribourg.

1990 Licentiate in Sacred Theology (S.T.L.) University of Fribourg.

1988 Diplôme (intensive French program), Alliance Française, Paris, France.

1987 Domenica Rea D'Onofrio Scholarship (Berkeley, CA).

1986 Master of Arts in Philosophy, from Dominican School of Philosophy and Theology, Graduate Theological Union, Berkeley (GTU), California, USA.

1982 Bachelor of Arts in Philosophy, Arizona State University, Tempe, AZ.

### Peer-Reviewed Articles, Chapters, and Books.

Vitz, P. C., & Titus, C. S. (2022). Psychology and the soul: A new perspective on an old interpretation. *Journal of Psychology & Christianity*, 41(2), 130-139.

Titus, C. S. (2021). Dying and the Virtues by Matthew Levering (review article). *The Thomist: A Speculative Quarterly Review*, 85:2, 339-344.

Titus, C. S., (2020). Virtue and resilience: Aquinas's Christian approach to virtue applied to resilience. In N. White & C. Cook (Eds). *Biblical and Theological Visions of Resilience: Pastoral and Clinical Insights*. London, UK: Routledge.

Titus, C. S. (2019). Curiosità sessuale, pornografia e voyeurismo [Sexual Curiosity, Pornography, and Voyeurism]. In J. Noriega, I. Ecochard, & R. Ecochard (Eds.). *Dizionario Sesso, Amore, e Fecondità* (pp. 188-197). Siena, Italy: Cantagalli.

Titus, C. S. (2017). Aquinas, Seligman, and positive psychology: A Christian approach to the use of the virtues in psychology. *Journal of Positive Psychology*, 12 (5), 447-458.

Titus, C.S. (2015). El rol de la prudencia en la formación del carácter [The role of prudence in character formation]. In Martin F. Echavarría (Ed.), *La formación del carácter por las virtudes. Estudios interdisciplinarios. Vol. 2. Prudencia, fortaleza, justicia, y amistad: Propuestas terapéuticas y educativas*. Barcelona, Spain: Scire.

Titus, C. S. (2013). The use of developmental psychology in ethics. Beyond Kohlberg and Seligman? In F. Doridot, P. Duquenoy, P. Goujon, A. Kurt, S. Lavelle, N. Patrignani ... A. Santuccio. (Eds.), *Ethical governance of emerging technologies development* (pp. 268-288). Hershey, PA: IGI Global.

Titus, C. S. (2013). Reasonable acts. In R. Cessario, C. S. Titus, & P. C. Vitz (Eds.), *Philosophical virtues and psychological strengths: Building the bridge* (pp. 81-114). Manchester, NH: Sophia Institute Press.

Titus, C. S. (2013). Vertus. In E. Gaziaux, D. Müller, & L. Lemoine (Eds.), *Dictionnaire encyclopédique d'éthique chrétienne* (pp. 2073-2093). Paris, France: Editions du Cerf.

Titus, C. S. (2013). Bonheur. In E. Gaziaux, D. Müller, & L. Lemoine (Eds.), *Dictionnaire encyclopédique d'éthique chrétienne* (pp.334-346). Paris, France: Editions du Cerf.

Titus, C. S. & Scrofani, P. (2012). The art of love: A Roman Catholic psychology of love. *Journal of Psychology and Christianity*, 31(2), 118-129.

Titus, C. S. (2012). Servais Pinckaers and the renewal of Catholic moral theology. *Journal of Moral Theology*, 1(1), 43-68.

**Titus, C. S.** (2010). Moral development and connecting the virtues: Aquinas, Porter, and the flawed saint. In: R. Hütter & M. Levering (Eds.), *Ressourcement Thomism: Sacred doctrine, the sacraments, and the moral life* (pp. 330-352). Washington, D.C.: The Catholic University of America Press.

**Titus, C. S.** (2009). Passions in Christ: Spontaneity, development, and virtue. *The Thomist* 73(1), 53-87.

Moncher, F. J. & **Titus, C. S.** (2009). Foundations for a psychotherapy of virtue: An integrated Catholic perspective. *Journal of Psychology and Christianity*, 28(1), 22-35.

**Titus, C. S.** & Moncher, F. (2009). Implications for conceiving a Catholic positive psychology: A virtue approach. *Edification: The Journal of the Society of Christian Psychology*, 3(1), 57-63.

**Titus, C. S.** (2008). Moral development and making all things new in Christ. *The Thomist*, 72(2), 233-58.

**Titus, C. S.** (2008). Le développement moral dans la psychologie morale de Lawrence Kohlberg et Martin Seligman. *Revue d’Ethique et de Théologie Morale*, 251, 31-50.

**Titus, C. S.** (2006). Resilience and the virtue of fortitude: Aquinas in dialogue with the psychosocial sciences. Washington, DC: The Catholic University of America Press.

### **Other Academic Articles, Papers, and Chapters.**

**Titus, C. S.** (2022–accepted). Habits and holiness: Ethics, Theology, and Biopsychology, by Ezra Sullivan (review article). *The Thomist: A Speculative Quarterly Review*, 86.

**Titus, C. S.** (2019). A Vocation-Virtue Tandem: A Meta-Model of the Person as a Framework for Virtue, Vocation, Mental Health, and Flourishing. Conference paper, In the conference: *The Virtues and a Flourishing Life*. Birmingham, UK: Jubilee Center.  
[https://www.jubileecentre.ac.uk/userfiles/jubileecentre/pdf/conference-papers/VirtuesFlourishingLife/Titus\\_Full.pdf](https://www.jubileecentre.ac.uk/userfiles/jubileecentre/pdf/conference-papers/VirtuesFlourishingLife/Titus_Full.pdf)

**Titus, C.S.** (2014). Introduction. In C. S. Titus (Ed.), *God, religion, and civil governance*. Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** & Doherty, R. G. (2013). Magnificence (update). In R. L. Fastiggi (Ed.), *New Catholic encyclopedia supplement 2012-13: Ethics and philosophy (4 volumes)* (pp. 950-951). Detroit, MI: Gale.

**Titus, C. S.** (2012). The Christian difference of *habitus* in virtuous acts, dispositions, and norms. *Edification: The Journal of the Society of Christian Psychology*, 6(1), 37-41.

**Titus, C. S.** (2012). [Review of the book *A cosmopolitan hermit: Modernity and tradition in the philosophy of Josef Pieper*, by B. N. Schumacher (Ed.)]. *Nova et Vetera*, 10(3), 890-894.

**Titus, C. S.** (2011). Philosophie et vertu: Josef Pieper, un maître de la tradition [Philosophy and virtue: Josef Pieper, a master of tradition]. *Freiburger Zeitschrift für Philosophie und Theologie*, 58(2), 280-283.

**Titus, C. S.**, G. Sweeney, & W. Nordling (2011, September 21). Varieties of religious psychotherapy: Catholicism. In R. Howes (Ed.), *Psychology Today*. Retrieved from <https://www.psychologytoday.com/blog/in-therapy/201109/the-varieties-religious-therapy-catholicism>

**Titus, C. S.** (2010). [Review of the book *The Jung-White Letters* by A. C. Lammers & A. Cunningham (Eds.)]. *New Blackfriars*, 91(1033), 354-357.

Pakaluk, M., **Titus, C. S.**, Vitz, P., & Moncher, F. J. (2009). Appreciative musings on normative thoughts, normative feelings, normative actions. *Journal of Psychology and Theology*, 37(3), 194-203.

**Titus, C. S.** (2009). Picking up the pieces of philosophical psychology. In C. S. Titus (Ed.), *Philosophical psychology: Psychology, emotion, and freedom* (pp. 1-37). Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (2009). Une vision renouvelée du développement moral [A renewed vision of moral development]. In M. Sherwin & C. S. Titus (Eds.), *Renouveler toutes choses en Christ : Vers un renouveau thomiste de la théologie morale* (pp. 151-172). Fribourg, Switzerland: Academic Press Fribourg.

Sweeney, G., **Titus, C. S.**, & Nordling, W. (2009). Training psychologists and Christian anthropology. *Edification: The Journal of the Society of Christian Psychology*, 3(1), 51-56.

**Titus, C. S.** (2009). Challenges to character and virtue. In C.S. Titus (Ed.), *The psychology of character and virtue* (pp. 1-21). Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (2009). Introduction. In C. S. Titus (Ed.), *Christianity and the West: Impact on art and culture* (pp. 1-20). Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (2008). Introduction. In C.S. Titus (Ed.), *On the wings of faith and reason: The Christian difference in culture and the sciences* (pp. 1-23). Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (2007). La possibilité d'un développement moral et la connexion des vertus selon Thomas d'Aquin [The possibility of moral development and the connection of the virtues according to Thomas Aquinas]. In D. Müller, M. S. Sherwin, N. Maillard, & C. S. Titus (Eds.), *Sujet moral et communauté* (pp. 212-232). Fribourg, Switzerland: Academic Press Fribourg.

**Titus, C. S.** (2007). [Review of the book *The difficult good: A Thomistic approach to moral conflict and human happiness*, by D. McNerny]. In E. Alarcón (Ed.), *Thomistica 2006* (pp. 273-274). Bonn, Germany: Nova & Vetera.

**Titus, C. S.** (2006). Introduction. In C. S. Titus (Ed.), *The Person and the Polis: Faith and Values within the Secular State* (pp. 1-16). Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (2005). La prudence: lumière pour agir. Regard théologique [Prudence: A light for action. Theological considerations]. *Sources*, XXXI(4), 178-86).

**Titus, C. S.** (2002). Resilience and Christian virtues: What the psychosocial sciences offer for the renewal of Thomas Aquinas' moral theology of fortitude and its related virtues (Doctoral dissertation). Retrieved from RERO DOC digital library. R003780942.

**Titus, C. S.** (2001). [Review of the book *Une philosophie de l'espérance*, by B. N. Schumacher]. *Freiburger Zeitschrift für Philosophie und Theologie*, 48, 237-240.

### Press Peer-Reviewed Chapters

Gross, C., **Titus, C. S.**, Vitz, P.C., & Nordling, W. J. (2020). Emotional. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 355-370). Sterling VA: Divine Mercy University Press.

Gross, C., Klewicki, L.L., Vitz, P.C., & **Titus, C. S.** (2020). Man and Woman: Equality, Differences, and Complementarity, with Application to Vocations and Virtues, especially Courage. In P. C. Vitz, W. J. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 169-209). Sterling VA: Divine Mercy University Press.

McWhorter, M. & **Titus, C. S.** (2020). Redeemed. In P. C. Vitz, W. J. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 513-541). Sterling VA: Divine Mercy University Press.

McWhorter, M., Vitz, P.C., **Titus, C. S.**, & Nordling, W. J. (2020). Sensory-Perceptual-Cognitive. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 331-354). Sterling VA: Divine Mercy University Press.

Moncher, F. J. & **Titus, C. S.** (2020). Virtue in Mental Health Practice: A Comparative Case Study. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 635-662). Sterling VA: Divine Mercy University Press.

Nordling, W. J., Payne, H. I., Sweeney, G.M. & **Titus, C. S.** (2020). Principles for training Catholic Christian mental health professionals. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 545-564). Sterling VA: Divine Mercy University Press.

Nordling, W.J., Vitz, P. C., & **Titus, C.S.** (2020). Introduction to a Catholic Christian Meta-Model of the Person for Mental Health Practice. In P. C. Vitz, W. J. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 3-19). Sterling VA: Divine Mercy University Press.

**Titus, C. S.**, McWhorter, M. & Gross, C. (2020). Fallen. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 473-512). Sterling VA: Divine Mercy University Press.

**Titus, C. S.**, Nordling, W. J., & Vitz, P.C. (2020). Fulfilled through vocation. In P. C. Vitz, W. J. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 210-248). Sterling VA: Divine Mercy University Press.

**Titus, C. S.**, Nordling, W. J., & Vitz, P.C. (2020). Volitional and free. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 408-446). Sterling VA: Divine Mercy University Press.

**Titus, C. S.**, Vitz, P.C., & Nordling, W. J. (2020). A personal wholeness (unity). In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 145-168). Sterling VA: Divine Mercy University Press.

**Titus, C. S.**, Vitz, P.C., & Nordling, W. J., (2020). Created in the Image of God. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration*

with psychology and mental health practice (pp. 449-472). Sterling VA: Divine Mercy University Press.

**Titus, C. S.,** Vitz, P.C., & Nordling, W. J., (2020). Interpersonally relational. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 306-330). Sterling VA: Divine Mercy University Press.

**Titus, C. S.,** Vitz, P.C., & Nordling, W. J., (2020). Rational. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 371-407). Sterling VA: Divine Mercy University Press.

**Titus, C. S.,** Vitz, P.C., & Nordling, W. J., (2020). The methodology and presuppositions of the Catholic Christian Meta-Model of the person. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 115-144). Sterling VA: Divine Mercy University Press.

**Titus, C. S.,** Vitz, P.C., Nordling, W. J., McWhorter, M. & Gross, C. (2020). Fulfilled in virtue. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 249-305). Sterling VA: Divine Mercy University Press.

**Titus, C. S.,** Vitz, P.C., Nordling, W.J., & the DMU Group. (2020). Theological, philosophical, and psychological premises for a Catholic Christian meta-model of the person. In P. C. Vitz, W. Nordling, & C. S. Titus (Eds.). *A Catholic Christian Meta-Model of the person: Integration with psychology and mental health practice* (pp. 20-44). Sterling VA: Divine Mercy University Press.

#### **Edited (or Co-edited) Volumes:**

Vitz, P. C., Nordling, W.J., & **Titus, C.S.** (Eds.) (2020). *A Catholic Christian meta-model of the person: Integration with psychology and mental health practice*. Divine Mercy University Press, Sterling, VA.

**Titus, C. S.** (Ed.) (2014). *God, Religion, and Civil Governance*. Arlington, VA: The Institute for the Psychological Sciences Press.

Cessario, R., **Titus, C. S.,** Vitz, P.C.(Eds.) (2013). *Philosophical Virtues and Psychological Strengths*. Manchester, NH: Sophia Institute Press.



**Titus, C. S.** (Ed.) (2009). *Philosophical Psychology: Psychology, Emotion, and Freedom*. Arlington, VA: The Institute for the Psychological Sciences Press.

Sherwin, M.S. & **Titus, C. S.** (Ed.) (2009). *Renouveler toutes choses en Christ: vers un renouveau thomiste de la théologie morale*. Fribourg: Academic Press.

**Titus, C. S.** (Ed.) (2009). *The Psychology of Character and Virtue*. Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (Ed.) (2009). *Christianity and the West: Impact on Art and Culture*. Arlington, VA: The Institute for the Psychological Sciences Press.

**Titus, C. S.** (2008). *On the Wings of Faith and Reason: The Christian Difference in Culture and the Sciences*. Arlington, VA: The Institute for the Psychological Sciences Press.

Müller, D., Sherwin, M.S., **Titus, C. S.**, & N. Maillard (Eds.) (2007). *Sujet moral et communauté*. Fribourg: Academic Press Fribourg.

**Titus, C. S.** (Ed.) (2006). *The Person and the Polis: Faith and Values within the Secular State*. Arlington, VA: The Institute for the Psychological Sciences Press.

Pinckaers, S. T. (2005). Servais-Théodore Pinckaers, O.P. *The Pinckaers Reader: Renewing Thomistic Moral Theology*. Edited by J. Berkman & **C. S. Titus**. Translated by M. T. Noble, O.P. et alia, Washington: The Catholic University of America Press.

### **Institute for the Psychological Sciences Monograph Series, General Editor of:**

Ashley, B. M. (2013). *Healing for Freedom: A Christian Perspective on Personhood and Psychotherapy*. Arlington, VA: IPS Press.

Flannery, K. (2012). *Catholic and Moral Action*. Arlington, VA: IPS Press.

Schmitz, K. (2009). *Person and Psyche*. Arlington, VA: IPS Press.

Kerr, F. (2008). "Work on Oneself": Wittgenstein's Philosophical Psychology. Arlington, VA: IPS Press.

### **Professional and Academic Lectures and Conferences:**

Conference. **Titus, C. S.** (January 24, 2023). Strengthening the clinician's self-care and resilience based on the Catholic Christian Meta-Model of the Person. Divine Mercy University, Sterling, VA.

Conference. **Titus, C. S.** (January 27, 2022). Empathy, love, and friendship from a Catholic Christian Perspective. Divine Mercy University, School of Counseling, Sterling, VA.

Conference. **Titus, C. S.** (December 10, 2021). Sex Differences in the Virtues and Vices related to Temperance: Chastity, Modesty, and Pornography Use. Congreso internacional Virtud, Psicología y Salud mental: El aporte de la concepción cristiana de las virtudes a la Psicología. Universitat Abat Oliba-CEU. Barcelona, Spain.

Plenary Address. Nordling, W. J., Vitz, P. C., & **Titus, C. S.** (July 6, 2021). The Application of the Catholic Christian Meta-Model of the Person: Brief History, Introduction, & Case Study. Virtual Psychology Symposium, International Network of Universities of the Legionaries of Christ and Regnum Christi.

Plenary Address. Nordling, W. J., Vitz, P. C., & **Titus, C. S.** (April 24, 2021). A Catholic Christian Meta-Model of the Person: A Case Study. Annual Convention of the Catholic Psychotherapy Association.

Conference. **Titus, C. S.** (September 25, 2020). How Personal Vocations Influence Professional Relationships: Strengthening the Doctor-Patient Relationship Based on a Catholic Christian Meta-Model of the Person. Catholic Medical Association annual conference. Philadelphia, PA.

Conference. Vitz, P. C., Nordling, W. J., & **Titus, C. S.** (September 17, 2020). The Catholic Christian Meta-Model of the Person and Its Implications. Expanded Reason Award Symposium. Madrid, Spain.

Conference. **Titus, C.S.** (February 15, 2020). "Aquinas and Mental Health Practice on Friendship, Empathy, and Flourishing." Love, Friendship, and Happiness Conference. Princeton Theological Seminary. Princeton, New Jersey.

Seminar. **Titus, C.S.** (February 14, 2020). "Virtue and Vocation." Princeton Theological Seminary. Princeton, New Jersey.

Conference. **Titus, C. S.** (January 3, 2020). A Vocation-Virtue Tandem: A Meta-Model of the Person as a Framework for Virtue, Vocation, Mental Health, and Flourishing. Jubilee Center annual conference, 'The Virtues and a Flourishing Life.' Oriel College, Oxford, United Kingdom.

Conference **Titus, C. S.** & Vitz, P. C. (April 27, 2019). "Strengthening clinicians' self-care based on the Catholic Christian Meta-Model of the Person: Building resilience. [Co-authored,

but delivered by P. S. Vitz]. Catholic Psychotherapy Association annual conference, Atlanta, GA, CE credits: 2.0.

Conference. "Flourishing and its Impediments: Contributions from Aquinas and the Psychosocial Sciences." Forum on overcoming obstacles to human flourishing, Pontifical University of Saint Thomas Aquinas – Angelicum University, Rome, Italy, April 28, 2019.

Conference/Talk. "Distorted Visions of Love: Aquinas, Men, Women, and Pornography." Presenter in the Conference, *Virtue Applied: Theology of Virtue and Contemporary Questions*. University of Fribourg (Switzerland). October 27, 2018.

Conference. *Philosophy, Addiction, and Virtue*. Conference in "Therapy of the Soul: Living the Virtues in a Culture of Addiction." Thomistic Institute, New York. November 15, 2014.

Conference with W. Nordling: "A Catholic Philosophical and Theological Vision of the Person and Its Implications for Clinical Practice." Catholic Psychotherapy Association Annual Conference. October 24, 2014. Arlington, VA. CE credits: 2.0.

Conference. "The Role of Prudence in Character Formation." Presenter. October 5, 2013. IV Jornada Int. Interdisciplinaria. Universitat Abat Oliba-CEU. Barcelona, Spain.

Conference. "Aquinas and Positive Psychology: A Catholic Approach to the Use of the Virtues in Psychology." Christian Positive Psychology Conference (Society of Christian Psychology), Virginia Beach, VA, October 20, 2012. CE Credits: 1.0

Conference. "Body and Virtue: Elements for a Philosophical Psychology of the Body," Blessed John Henry Cardinal Newman Lecture. Arlington, VA. March 23, 2012.

Conference. "Classic Thought on Virtue and Modern Sciences," Catholic Medical Association annual convention, Phoenix, AZ, Oct. 2011.

Conference. "Theology and Positive Psychology," Conference at Blackfriars Hall, University of Oxford, 13 March 2010.

Conference. "Moral Development and the Sermon on the Mount: From the Decalogue to the New Law," conference paper, Annual Convention of the Society for the Study of Christian Ethics, Cambridge, UK (5 September 2008).

Conference. "Moral Development: Aquinas and Positive Psychology," Conference at the Annual Convention of the Society of Christian Ethics, Atlanta, GA, 4 January 2008.

Conference. "Les passions dans le Christ selon S. Thomas: Développement et vertu?" Passions in Theology Colloquium. University of Fribourg. 7 December 2007.

Conference. “Le développement moral du sujet: approches psychologiques et culturelles” Annual meeting of the Association des théologiens pour l’étude de la morale, Paris, France, September 2007.

Paper. “Christian Anthropological Foundations for a Psychotherapy of Virtue.” Conference delivered by Frank Moncher (conference paper prepared by Craig Steven Titus and Frank Moncher) for the Society for Christian Psychology Conference, Chattanooga, October 2006.

Conference. “La possibilité d’un développement moral et la connexion des vertus selon Thomas d’Aquin.” At the Conference Troisième cycle en éthique commun aux faculté des théologie de Suisse romande “Sujet moral et communauté,” University of Fribourg, 30 March 2006.

Conference. “Vers une vision renouvelée du développement moral.” At the Conference *Renouveler toutes choses en Christ: vers un renouveau thomiste de la théologie morale*, University of Fribourg, 29 October 2005.

Conference. “Bien commun temporel et résilience dans la famille : un échange entre S. Thomas, *Gaudium et Spes* et les sciences psychosociales,” Probatory lecture for the Chair of Special Moral Theology, University of Fribourg. 2 June 2005.

Conference. “Currents sexuelles dans la religion catholique”. Principal lecture for Interfaculty Program, Université de Genève, November 2004.

Conference. “Séminaire éthique: anthropologie chrétienne,” 2 day Adult Education Seminar (IFM, Ecole de la foi), Pensier, 6-7 March 2004.

Conference. “Questions éthiques aujourd’hui”, one half day Adult Education Seminar (Diocèse de Lausanne, Genève et Fribourg), Fribourg, 10 March 2004.

Conference. “Developing a Psychology of Virtue” (with Dr. Frank Moncher), 1 day Intensive Course, Istituto di Psicologia per lo sviluppo globale dell’uomo, Caserta, Italy, 19 June 2003.

Conference. “Perspectives in Psychology” (with Dr. Gladys Sweeney), 1 day Intensive Course, Istituto di Psicologia per lo sviluppo globale dell’uomo, Caserta, Italy, 17 June 2003.

Conference. “Motivation au Travail” (Motivation at Work), 2-day Seminar (co-presented), University de Fribourg, Program de formation continue, 2-3 June 2003.

Conferences. “Travail et Motivation” (Work and Motivation), 2 day Seminar (co-presented), University de Fribourg, Program de formation continue, 14-15 March 2002.

Conference. “The Happy Person” (conference text edited and delivered for S.-Th. Pinckaers), at *The Flourishing Person* conference organized by the Institute for the Psychological Sciences (Arlington, Virginia) at the Guilé Foundation (Boncourt, Switzerland), 2 June 2001.

Conference. “A Christian Vision of Rebuilding the Community around Children”, paper (co-author with Gary Vachicouras of the Ecumenical Orthodox Centre, Geneva) delivered at the inter-religious conference on: ‘Rebuilding the Community around Children: principles, values, resources’, Geneva-Chambésy, March 1997.

Conference. “La résilience et l’éducation aux vertus”, conference address, organized by the BICE and the Centre Catholique d’Etude, Geneva, November 1996.

Conference. “Doing theology with youth,” seminar, the National Catholic Education Association’s Annual Convention, Philadelphia, Pennsylvania, April 1996.

Conference. “Language and Metaphysics in Thomas Aquinas and Paul Ricœur,” paper presented at the Mediaeval History Congress (1988), Kalamazoo, MI.

### **Professional Seminars and Presentations:**

Presenter, **C. S. Titus**. (February 10, 2022). Work: Whelcher on work (Chapter 6). Continuing Formation Presentation for the DMU, School of Counseling. Sterling, VA. (1hr)

Presenter, **C. S. Titus**. (January 27, 2022). Empathy and Christian love from the perspective of a Catholic Christian tradition. Continuing Formation Presentation for the DMU, School of Counseling. Sterling, VA. (1hr)

Co-Presenter. **Titus, C. S.** (May 12, 2021). Client autonomy, values, and conscience: How a CCMMMP contributes to professional and Christian ethics. Ethics Panel. Continuing education (CE) Credits: 2.

Co-Presenter: H. Payne, W. Nordling, & **C. S. Titus**. A Catholic Christian Meta-Model of the Person as a Framework for Clinical Case Conceptualization (Part 1). September 11, 2019. Sterling, VA. Continuing education (CE) Credits: 2.

Co-Presenter: C. Gross, A. Pecoraro, S. L. Lee, & **C. S. Titus**. Trauma, Anger, Self-Identity, and Group Psychology of the Ego. March 13, 2019. Arlington, VA. Continuing education (CE) Credits: 2.

Presenter. **Titus, C. S.** A Catholic Christian Framework for Mental Health Practice, September 12, 2018. Arlington, VA. Continuing education (CE) Credits: 2.

Presenter. **Titus, C. S.** Legal, Ethical, and Christian Principles in the Informed Consent Process for Mental Health Professionals (Part 3), April 11, 2018. Arlington, VA. Continuing education (CE) Credits: 2.

Presenter. **Titus, C. S.** Legal, Ethical, and Christian Principles for Mental Health Professionals: Psychological Premises for a Vision of the Person Consistent with Theological and Philosophical Premises (Part 2), March 14, 2018. Arlington, VA. Continuing education (CE) Credits: 2 hours.

Presenter. **Titus, C. S.** Legal, Ethical, and Christian Principles in the Informed Consent Process for Mental Health Professionals (Part 1), February 14, 2018. Arlington, VA. Continuing education (CE) Credits: 2.

Presenter. **Titus, C. S.** “Professional Ethics, Moral Decision Making, and Spiritual Discernment in Clinical Practice: Part 3. Moral Assessment of Participation in the Acts of Others.” November 8, 2017. Continuing education (CE) Credits: 1.5.

Presenter. **Titus, C. S.** “Professional Ethics, Moral Decision Making, and Spiritual Discernment in Clinical Practice: Part 2. When a Good Action Yields both Good and Bad Effects,” October 11, 2017. Continuing education (CE) Credits: 1.5.

Presenter. **Titus, C. S.** “Professional Ethics, Moral Decision Making, and Spiritual Discernment in Clinical Practice: Part 1. Reality, Responsibility, and Basic Sources for Ethics.” September 13, 2017. Continuing education (CE) Credits: 1.5.

Presenter. “The integration of a PsyD Comprehensive exam informed by the Catholic Christian meta-model of the person.” April 12, 2017. Arlington, VA.

Presenter. “Intake interview questions informed by the Catholic Christian meta-model of the person (Part 2).” March 8, 2017. Arlington, VA.

Presenter. “Intake interview questions informed by the Catholic Christian meta-model of the person (Part 1).” February 8, 2017. Arlington, VA.

Presenter. “Intake process informed by the Catholic Christian meta-model of the person.” January 11, 2017. Arlington, VA.

Presenter. “Narrative Case Conceptualization Guide informed by the Catholic Christian meta-model of the person. (Part 2).” December 14, 2016. Arlington, VA.

Presenter. “Narrative Case Conceptualization Guide informed by the Catholic Christian meta-model of the person. (Part 1).” November 9, 2016. Arlington, VA.

Presenter. "The theological and philosophical premises of the Catholic Christian meta-model of the person." October 12, 2016. Arlington, VA.

Presenter. "Catholic Christian Meta-Model of the Person and its Applications." Training for Psychologists, Diocese of Arlington, September 28, 2016.

Co-Presenter with W. J. Nordling & S. L. Lee. "The meta-model: History, case conceptualization, and the case of Henry." Faculty Case Conceptualization Presentation." September 22, 2016. Arlington, VA.

Co-Presenter with W. J. Nordling. "The theological and philosophical premises of the Catholic Christian Meta-Model of the Person." September 14, 2016. Arlington, VA.

Co-Presenter with W. J. Nordling. "The Catholic Christian Meta Model of the Person: A Frame for Case Conceptualization." March 9, 2016. Arlington, VA.

Co-Presenter with P. C. Vitz & W. Nordling. "IPS Model of the person: A Meta-model for Clinical Case Conceptualization. February 10, 2016. Arlington, VA.

Co-Presenter with P. C. Vitz & W. J. Nordling. "Fallen Nature and Vice: Psychology, Psychotherapy, and the IPS Model." November 3, 2015.

Co-Presenter with W. Nordling & R. Lohkmtov. "The case of Sally." Faculty Case Conceptualization Presentation." September 24, 2015. Arlington, VA.

Co-Presenter with P. C. Vitz & W. Nordling. "The Person is Vocational." September 9, 2015. Arlington, VA.

Co-Presenter with P. C. Vitz & W. Nordling. "Psychological and Psychotherapeutic Supports for the Concept of Free Will." April 8, 2015. Arlington, VA. CE credits: 2.0.

Co-Presenter with W. Nordling & H. Payne. "Mother/Child/Parent Separation Anxiety Disorder: The Case of Henry: Faculty Case Conceptualization Presentation." March 19, 2015. Arlington, VA. CE credits: 1.5.

Co-Presenter with S. L. Lee, R. Lohkmtov & W. Nordling: "The Case of Jane: Faculty Case Conceptualization Presentation." Coordinator and co-presenter. Arlington, VA. November 13, 2014. Continuing education (CE) Credits: 1.5.

Co-Presenter with S. L. Lee, R. Lohkmtov & W. Nordling: "The Case of Chris: Faculty Case Conceptualization Presentation." Coordinator and co-presenter. September 18, 2014. Arlington, VA. Continuing education (CE) Credits: 1.5.

Co-Presenter with W. Nordling. "A Catholic View of Vocation and Virtue and its Implications for Clinical Practice." Workshop-faculty training. September 10, 2014. Arlington, VA. CE credits: 2.0.

Co-Presenter with P. Vitz & W. Nordling. "Vocation and Virtue." (*The IPS Model of Integration*). Presenter-faculty training. April 9, 2014. CE credits: 2.0.

Co-Presenter with P. Vitz & W. Nordling: "Intellectual and Rational." (*The IPS Model of Integration*). Presenter-faculty training. February 12, 2014. CE credits: 2.0.

Co-Presenter with S. L. Lee, R. Lohkmotov & W. Nordling: "The case of Joe." Faculty case conceptualization presentation. Coordinator and co-presenter. March 27, 2014. Continuing education (CE) Credits: 1.5.

Co-Presenter with S. L. Lee & W. Nordling. "The case of Mandy." Faculty case conceptualization presentation. Coordinator and co-presenter. February 4, 2014. Continuing education (CE) Credits: 1.5.

Co-Presenter with P. Vitz & W. Nordling: "On the Person as Created." (*The IPS Model of Integration*). Presenter-faculty training. December 4, 2013. CE credits: 2.0.

Co-Presenter with G. Sweeney & W. Nordling. "The case of Sally." Faculty case conceptualization presentation. Coordinator and co-presenter. November 7, 2013. CE Credits: 1.5.

Co-Presenter with Frank Moncher. "Theory and practice of a psychotherapy of virtue" (*The IPS Model of Integration*). Presenter-faculty training. September 1', 2013. CE credits: 2.0.

Co-presenter. "The case of Tommy. Faculty case conceptualization presentation. April 18, 2013. CE Credits: 1.5.

Presenter. "The Philosophical Level (*The IPS Model of Integration*). April 10, 2013. CE credits: 2.0

Co-presenter. "The case of Henry." Faculty case conceptualization presentation. March 14, 2013. CE Credits: 1.5.

Co-presenter with William Nordling & Paul Vitz. "Introduction to the definition and the context for the anthropological premises." *The IPS Model of Integration* (Part I). November 14, 2012, CE Credits: 2.0

Co-presenter. "The case of Andy." Faculty case conceptualization presentation. November 15, 2012. CE Credits: 1.5.



Co-presenter. "The case of John." Faculty case conceptualization presentation. October 4, 2012. CE Credits: 1.5.

Co-presenter with G. Sweeney and W. Nordling. "Vocation and Psychotherapy," IPS Continuing Education On-line Seminar, September 30, 2011.

Presenter. "Quality Enhancement Program" Training, for IPS Faculty (August 2010-February 2012: monthly).

Conference. "Psychology of Virtue: Clinical Applications." Training for Psychologists, Diocese of Arlington, 18 Nov. 2010.

Presenter. "La Prudence: S. Thomas et les théories contemporaines sur la vertu," Invited Lecture, University of Fribourg. 6 Oct. 2010.

Presenter. "Résilience, vertus et management," in *Management et éthique des vertus*, Continuing Education, University of Fribourg, 27 May 2010.

Presenter. "Moral Development: Aquinas and Porter," IPS (guest lecture) January 14, 2010.

Presenter. "Positive Psychology and St. Thomas Aquinas: The Question of Integrity and the Connection of the Virtues," IPS (Integration Meeting), January 13, 2010.

Presenter. "La résilience comme un autre regard sur la personne: souffrance, ressource, espoir," in the Continuing Education Module: "Éthique et spiritualité dans les soins" University de Fribourg, 25 November 2009 (half-day).

Presenter. "Implications for Conceiving a Catholic-Christian Positive Psychology: A Virtue Approach" at the IPS (9 January 2008).

Presenter. "Catholic Sources for Ecumenism" 2 Lectures, John XXIII Centre, Geneva Switzerland, November and December 2007.

Presenter. "Catholic Perspective on Ethics," Lecture, John XXIII Centre, Geneva Switzerland, March 2007.

Presenter. "Virtue and the Human Person: A Christian Attempt to Conceptually Map the Virtues," Paper, the IPS Integration Group, Arlington, February 2007.

Lectures. "Liberté, passions et vertu." 6 lectures, Philanthropos: Institut européen d'études anthropologiques, Fribourg, March-April 2006.

Presenter. "Spiritualité et quête de sens dans la souffrance," Continuing Education (Centre catholique romand de formation permanente), Lausanne, 25 November and 2 December 2005.

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Conference. “L’éthique chrétienne de Paul Ricoeur.” 2 Principal lectures, University of Fribourg, 2004.

Conference. “Espoir et Espérance selon Lumen Gentium.” Principal lecture, University of Fribourg, 2004.

Conference. “Résilience et spiritualité,” Formation continue (Centre Catholique Romand de Formation Permanente), 9-10 December 2004.

Conference. “Loi naturelle morale”, Principal lecture, University of Fribourg, May 2004.

Conference. “Loi éternelle”, Principal lecture, University of Fribourg, May 2004.

Presenter. “Ethique fondamentale”, Adult education lecture, CVFP, May 2004.

Conference. “L’Eucharistie selon S. Thomas,” 3 principal lectures, University of Fribourg, 31 May, 1 & 2 June 1999.

Conference. “Marie et l’Eglise à la lumière de la théologie féministe,” principal lecture, University of Fribourg, June 1998.

Conference. “Une résilience spirituelle et une spiritualité résiliente?” Seminar presentation, at the International Congress “Clés pour devenir,” organized by the BICE, Lausanne, Switzerland, 11-13 October 1998.

Initiator and animator of seminar / think tank on “Resilience and Christian Virtues,” for the BICE, New York, 29 April - 1 May, 1995.

**Presentation to lay audiences and formation:**

Titus, C. S. & Nordling, W.J. (April 16, 2021). CCMMP Presentation to IPS. Candidates.

Titus, C. S. & Nordling, W.J. (February 26, 2021). CCMMP Presentation to IPS. Candidates.

Titus, C. S. (February 24-28, 2021). Integration of faith and mental health counseling. Residency Program.

Vitz, P. C., Nordling, W.J., & Titus, C.S. (Eds.) (2020). Integrating a Catholic Christian Meta-Model of the Person. Presentation (Web launch) of CCMMP book.

**Formal University Level Courses Taught (selection):**

Graduate Level Courses Taught at the Institute for the Psychological Sciences and the School of Counseling (now Divine Mercy University):

Vocations and Virtues: The Flourishing Person (Fall 2020, Spring 2021, Fall 2021)

Flourishing in Relationships (Summer 2020)

Practical Reason and Moral Character (Spring 2011, 2012, 2013, 2014, 2015, 2016, 2017; Fall 2018, 2019)

Philosophy and Theology of Marriage and Family (Spring 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020)

Philosophical and Theological Anthropology (I & II) (Fall 2010, 2011, 2012, 2013, 2014, 2015, 2016)

Philosophical and Theological Anthropology (I) (Fall 2017, 2018, 2019, 2020)

Philosophical and Theological Anthropology (II) (Spring 2018, 2019, 2020, 2021)

Flourishing in Relationships (Summer 2020)

The Integration of the Human Person (Spring 2003)

Psychology and Living the Christian Life (Spring 2003)

The Therapeutic Team: Psychological, Ethical, and Spiritual Development and Health (Spring 2003)

Courses Taught at the University of Fribourg:

Moral Theology Seminar (Spring 2008)

Développement moral (II) (Spring 2007)

Vertus de plaisir et de peine (co-taught with Prof. M. Sherwin, Fall 2005)

Vertus de plaisir et de peine (co-taught with Prof. M. Sherwin, Spring 2005)

Morale sexuelle et morale familiale (co-taught with Prof. M. Sherwin, Spring 2004).

Courses (year-long, in English) given in the University of Fribourg's American College Program:

The Mystery of the Church (2001/2002), (1999/2000) (1997/1998)

Theology of the Sacraments (1998/1999)

Seminars (year-long, in French) given at the University of Fribourg:

The Second Vatican Council and St. Thomas Aquinas (2001/2002, assistant to Prof. B.-D. de La Soujeole, O.P.)

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The Eucharist in the teachings of Vatican II (2000/2001, assistant to Prof. B-D. de La Soujeole, O.P.)

Traditions of Catholic Spirituality (1999/2000, assistant to Prof. B-D. de La Soujeole)

The Journey of Faith toward God according to Thomas Aquinas and Edith Stein (1998/9, assistant to Dr. D. Chardonnens, ODC)

The Church and the Problem of Evil (1997/8, assistant to Dr. D. Chardonnens, ODC)

### **On-line Course Development**

Subject Matter Expert, Flourishing in Relationships (PHT 533), School of Counseling, Divine Mercy University, Arlington, VA. April 2017 (online).

Subject Matter Expert, The Moral Character and Spiritual Flourishing (PHT 523), School of Counseling, Divine Mercy University, Arlington, VA. April 2017 (online).

Subject Matter Expert, The Flourishing Person (PHT 513), School of Counseling, Divine Mercy University, Arlington, VA. August 2016 (online).

Subject Matter Expert, Catholic Christian Vision of the Person (PHT 507), Institute for the Psychological Sciences, Arlington, VA. August 2015 (online).

Subject Matter Expert, Catholic Christian Vision of the Person: Virtue and Vocation and the Flourishing Person (PHT 508), Institute for the Psychological Sciences, Arlington, VA. August 2015 (online).

### **On-line Media**

Vitz, P. C., Nordling, W. J., & **Titus, C. S.** (August 14, 2020). Integrating a Catholic Christian Meta-Model of the Person. Sterling, VA.

**Titus, C. S.**, Nordling, W. J., & McWhorter, M. (2017). *CCMMP Based Questions for Assessment*. Washington DC: Divine Mercy University.

**Translations (selection):**

2005. Three chapters of: *The Pinckaers Reader: Renewing Thomistic Moral Theology*. Washington, D.C.: CUA Press.

2004. “Jean-Philippe Revel, *Traité des sacrements. I. Baptême et Sacramentalité. 1. Origine et signification du baptême.*” Book review by Prof. Benoit-Dominique de la Soujeole, O.P.

2001. “Biblical Exegesis and the Speculative Doctrine of the Trinity in Thomas Aquinas’ Commentary on St. John,” Conference of Prof. Gilles Emery, O. P.

1999. “The Inquisition and the Jubilee,” Conference of Prof. Guy Bedouelle, O.P. presented at the University of Stanford, CA.

1999. “Life in Abundance,” Pastoral Letter of the Conference of Swiss Bishops.

**Professional Societies:**

Society of Christian Ethics, since 1998

American Catholic Philosophical Association, since 1998

American Catholic Theological Society, since 2000

Fellowship of Catholic Scholars, since 2005

Catholic Psychotherapy Association, since 2013.

**Professional and Research Interests:**

The development of virtues and vices and the sciences; suffering, illness, and evil; philosophical and theological vision of the person and family; implications of Catholic Christian thought for the psychological sciences and mental health practice (integration studies); professional and Christian ethics (including flourishing and finality, freedom and agency, emotions, reason and will, habitual dispositions, sin, law, and grace); theology of marriage and family; Catholic social teaching.