

### PHT 533 FLOURISHING IN RELATIONSHIPS

**Term/Credits**Spring 2023 Term 1
3 semester hours

**Instructor** 

Matthew McWhorter, Ph.D. mmcwhorter@divinemercy.edu

**Vision:** The vision of the School of Counseling is to inspire global training of transformational leaders and social justice advocates who use counseling as an instrument of healing.

**Mission:** The mission of the Clinical Mental Health Counseling program is to teach and train graduates for community practice as competent, culturally sensitive, ethical, and morally sound professional counselors prepared to provide diagnosis and treatment of mental disorders and to effectively facilitate flourishing and personal transformation. Clinical Mental Health Counseling graduates are prepared to serve in their communities as advocates for social justice, and as service-oriented facilitators of mental health and wellness with a focus on the respect, dignity, and diversity of the person.

**NOTE: KEEP A HARD COPY SYLLABUS!** Many states require that students submit a copy of each course syllabus in order to document the completed educational content needed for licensure. Each syllabus submitted must be for the same course year in which the course was taken.

#### I. COURSE DESCRIPTION

PHT 533 Flourishing in Relationships introduces students to the nature and discernment of diverse vocational states of being single, married, ordained, or religious (consecrated) and each person's calling to self-giving love and friendship. Emphasis is placed on marriage, which is understood as a natural and divine institution that serves the flourishing and protection of individuals, families, and society. Students will examine the continuity and development of Catholic-Christian teaching on marriage and family in the biological-psychological, social-cultural, and philosophical-theological contexts. Students will analyze several issues that are especially pertinent to clinical mental health counseling—including not only disorders and difficulties but also supporting strengths and transformational practices—related to singleness, engagement, marriage, and family life.

## II. COURSE OBJECTIVES

#	Course Objectives	Measures of Outcome	SOC Program Objectives and CACREP Standards*
1.	Analyze the essential relationality of human nature, as expressed in: classic notions of 'social animal' and friendship; biblical teaching on the image of God and self-giving love; and modern notions: 'I-Thou' relationality, empathy, and care.	Mod#1 Assignment: Reflection Essay: Social Relationships  Mod#2 Discussion: Revisiting the Case of Henry  Mod#4 Discussion: Transformational Practices  Mod#5 Discussion: Sexual Practices, Disorders, and Addictions  Mod#7 Discussion: Singleness as a Vocational State  Mod#7 Assignment: Research Paper	SOC: 1, 2, 4, 5  CACREP Section 2: F.2.g. F.2.h. F.5.h. F.5.j.
2.	Evaluate how the discernment of and response to vocation structure a person's life, relationships, and flourishing as found in the three areas of callings: (1) a person's call to relationship with God and with others—through truth, goodness, and holiness; (2) a person's vocational states—single, married, consecrated (religious), or ordained; and (3) a person's life work, service, and meaningful leisure.	Mod#1 Discussion: Callings  Mod#2 Discussion: Revisiting the Case of Henry  Mod#4 Discussion: Transformational Practices  Mod#4 Assignment: Integrative Case Conceptualization: The Case of David and Tristen  Mod#5 Assignment: Integrative Case Conceptualization: The Case of Mr. & Mrs. B.  Mod#7 Discussion: Singleness as a Vocational State  Mod#7 Assignment: Research Paper	SOC: 1, 2, 4, 5  CACREP Section 2:     F.2.g.     F.2.h.     F.5.g.     F.5.j.

		Mod#8 Discussion: Human Work and Meaningful Leisure Mod#8 Discussion: Integrative Case Conceptualization: The Case of Hubert	
3.	Analyze the equality and differences of the sexes, as well as the meaning of their complementarity.	Mod#3 Discussion: Responding to an Ideology of Gender  Mod#4 Discussion: Transformational Practices  Mod#4 Assignment: Integrative Case Conceptualization: The Case of David and Tristen  Mod#5 Discussion: Sexual Practices, Disorders, and Addictions  Mod#5 Assignment: Integrative Case Conceptualization: The Case of Mr. & Mrs. B.  Mod#7 Assignment: Research Paper	SOC: 1, 4, 5  CACREP Section 2: F.2.h. F.5.h.
4.	Examine the relationship of attachment, attraction, friendship, and romance to the complementarity of the sexes and to a virtue approach to flourishing.	Mod#4 Discussion: Transformational Practices  Mod#4 Assignment: Integrative Case Conceptualization: The Case of David and Tristen  Mod#5 Discussion: Sexual Practices, Disorders, and Addictions  Mod#5 Assignment: Integrative Case Conceptualization: The Case of Mr. & Mrs. B.  Mod#7 Assignment: Research Paper	SOC:1, 2, 4, 5  CACREP Section 2:     F.2.g     F.2.h.     F.5.h.     F.7.c.

5.	Compare diverse models of marriage and family through the lens of the Catholic-Christian Meta-Model with respect to their influence on the flourishing of family members and society.	Mod#4 Assignment: Integrative Case Conceptualization: The Case of David and Tristen  Mod#5 Assignment: Integrative Case Conceptualization: The Case of Mr. & Mrs. B.  Mod#6 Discussion: Responsible Parenthood  Mod#7 Assignment: Research Paper	SOC: 1, 2, 3, 4, 5  CACREP Section 2:     F.2.g.     F.2.h.     F.5.g.     F.5.j.     F.5.l
6.	Examine Catholic-Christian marriage and family as unique vocations to realize spousal and familial self-giving love.	Mod#2 Discussion: Revisiting the Case of Henry  Mod#4 Assignment: Integrative Case Conceptualization: The Case of David and Tristen  Mod#5 Discussion: Sexual Practices, Disorders, and Addictions  Mod#5 Assignment: Integrative Case Conceptualization: The Case of Mr. & Mrs. B.  Mod#6 Discussion: Responsible Parenthood  Mod#7 Assignment: Research Paper	SOC: 1, 2, 3, 4, 5  CACREP Section 2: F.2.g. F.5.g. F.5.j.

\*SOC = School of Counseling Program Objectives, listed below; CACREP = Council for Accreditation of Counseling and Related Educational Programs standards, Section 2, eight common core areas of all entry-level counselor education graduates, and Section 5, entry-level specialty area, Clinical Mental Health Counseling

# **Program Objectives**

# Graduates of the DMU School of Counseling Clinical Mental Health Counseling program will be able to:

- 1. Exhibit a vibrant professional counselor identity with the foundational knowledge and skills of the profession.
- 2. Enter the client's life narrative with compassion and respect.
- 3. Develop person-centered, comprehensive case conceptualization for effective treatment planning.

- 4. Employ basic social and behavioral sciences, a habit of evidential reasoning, and the multiple roles of professional counseling to promote human flourishing.
- 5. Embody a vision of the flourishing person that inspires them, as professional counselors, and their clients to have courage to trust, hope and love.

#### III. COURSE TEXTBOOKS AND MATERIALS

#### A. Required

Bachiochi, E. (Ed.). (2010). *Women, sex, and the church: A case for Catholic teaching*. New York, NY: Pauline Books.

Eberstadt, M., & Layden, M. A. (2010). *The social cost of pornography: A statement of findings and recommendations* (pp. 7–53). Princeton, NJ: Witherspoon Institute.

Pieper, J. (2009). *Leisure: The basis of culture* (A. Dru, Trans.). San Francisco, CA: Ignatius Press. (Original work published 1952)

Wojtyla, K. (2013). Love & responsibility (G. Ignatik, Trans.). Boston, MA: Pauline Books & Media.

#### I. COURSE REQUIREMENTS

#### A. Class Attendance and Participation

- 1. The DMU CMHC program is delivered to students primarily in an online, asynchronous modality; however, portions of this program require synchronous interaction, and additional in-person residency attendance.
- 2. Attendance in the online classroom is required. Students must post as directed in the online classroom each week. Assignments must be posted on or before due dates.

#### **B.** Assigned Readings

- 1. Readings must be read as assigned on the reading schedule in order for the class to "be on the same page" and to facilitate discussions.
- 2. Additional readings may be given out in class to be read for the next class.

#### C. Discussions

Participation in asynchronous discussions with your course colleagues is required in Modules 1-8. Discussion activities include crafting a thoughtful and scholarly response to a prompt, including the personal application of the information to the role of the professional counselor, and responding to at least two colleagues' posting. Each discussion assignment is worth 40 points.

- 16 points Main Idea of Post (Mastery) Shows superior knowledge and understanding of course material related to the question asked or the topic of the discussion. Integrates multiple assigned readings and/or media resources related to the topic in an original or advanced way. Demonstrates a depth of thought or high level of critical thinking.
- ii. 12 points Responses to Colleagues' Posts (Mastery) Responses show a strong understanding of colleagues' posts; Clear and succinct response. Integrates multiple assigned readings and/or media resources related to the topic in an original or advanced way. Brings a new dimension to the learning of the community.

- iii. **8 points** Personal Application to Discussion Prompt (Mastery) Initial post demonstrates a superior synthesis and personal reaction or analysis of the topic being discussed. Personal application illustrates a high level of critical reflection and is substantive in content.
- iv. **4 points** Grammar: Coherent Logical (Mastery) Proper length; No grammar errors (spelling, punctuation, etc.); Proper APA citations with no more than 1 error
- D. **Reflective Essay** assignment is introduced in Module 1 and due in Module 2. For this assignment, students reflect on a current key relationship and how they view this relationship through the lens of the CCMMP, especially the vocation to goodness, justice, and holiness. Students consider how their own life illustrates humans' social nature and thriving in a communal context. In addition, students consider how human fallen-ness has affected our natural inclination to live in community and our relationships in a social setting. Finally, students reflect on how peer pressure influences social relationships in the context of a calling to goodness, justice, and holiness. This assignment is worth 70 points.
  - i. **35 points** Main Idea (Mastery) Provides a thoughtful and thorough reflection addressing all of the questions presented in the assignment. Clearly and frequently ties the reflection to the concepts presented in the course. Reflection demonstrates deep and critical thinking on the topic.
  - ii. **28 points** Personal Application (Mastery) Reflective essay demonstrates a superior introspection regarding the application of the concepts to the spiritual and personal self and the personhood of the counselor. Personal application illustrates a high level of critical reflection and is substantive in content.
  - iii. **7 points** Grammar (Mastery) Proper length; No grammar errors (spelling punctuation, etc.); Proper APA citations with no more than 1 error
- E. **Research Plan and Annotated Bibliography** is assigned in Module 1 and due in Module 3. The research plan will include clearly identified research question; specified method for answering this question; thesis (your answer to the research question); draft of an abstract (around 150 words); draft outline for your paper; basic bibliography or reference list (5 to 10 references), including annotations (a one sentence description of the pertinence of each source for your topic). The research plan is worth 90 points.
  - i. 45 points Main Idea (Mastery) Thorough research plan. Goes beyond what is required in some meaningful way (for example, ideas contribute a new dimension to what is known about the topic). Each element (outline, bibliography, and abstract) is substantive and scholarly and includes enough detail to demonstrate critical thinking and in-depth exploration of the selected topic.
  - ii. **36 points** Personal Application (Mastery) Personal Application (Mastery) Elements of the assignment (research question, outline, bibliography, and abstract) demonstrate a superior understanding of the selected topic. Personal application illustrates a high level of critical reflection and is substantive in content.
  - iii. **9 points** Grammar (Mastery) Proper length; no grammar errors (spelling, punctuation, etc.); proper APA citations with no more than 1 error.

- A. **Integration Case Essays** are assigned in Modules 4 and 5. Students are presented with a case study and develop an integrated analysis of the client from the optic of the Catholic-Christian Meta-Model of the person. Students then write an essay summarizing their analysis. This assignment is worth 90 points.
  - i. 45 points Main Idea (Mastery) Thorough response to the assigned prompts. Goes beyond what is required in some meaningful way (e.g., ideas contribute a new dimension to what is known about the client). Is substantive and scholarly and includes a thorough discussion of the client as viewed through the Meta-Model. Connects client essay to the course content in a professionally meaningful way.
  - ii. **36 points** Personal Application (Mastery) Essay demonstrates a superior understanding of the client's life narrative in light of the CCMMP. Personal application illustrates a high level of critical reflection with respect to the integration of the CCMMP with counseling practice.
  - iii. **9 points** Grammar (Mastery) Proper length; No grammar errors (spelling, punctuation, etc.); Proper APA citations with no more than 1 error
- **F.** Integrative Case Conceptualization Presentation: The Case of Hubert is assigned in Module 7 and due in Module 8. Students are presented with a case study and develop an integrated analysis of the client from the optic of the Catholic-Christian meta-model of the person. Students then create a 10-minute PowerPoint presentation with narration to present their analysis. The presentation must be 7–20 slides in length (excluding the title and reference slides). This assignment is worth 90 points.
  - i. **54 points** Presentation Content (Mastery) The presentation content was logically organized, held the audience's attention in a significant way, and incorporated frequent, effect visual aids, such as graphics and pictures. The presentation content addressed the issues of the client's narrative in an expert and advanced manner (vocations, state of flourishing, strengths, weaknesses, renewal). The presentation integrated three or more course readings to enrich the discussion and identified three key open-ended questions to ask the client.
  - ii. **22.5 points** Audio Narration (Mastery) The presenter was clear and understandable. The presenter exhibited advanced word choice with consistent command of a graduate level vocabulary.
  - iii. 13.5 points Presentation Format and Accessibility (Mastery) Proper length (7–20 slides, plus title and reference slides, audio narration not longer than 10 minutes). No grammar errors on slides (spelling, punctuation, etc.). Proper APA citations on reference slide with no more than 1 error. The presentation was made available on Google Drive and a weblink was posted for the class to access the presentation.
- G. **Research Paper** is assigned in Module 1 and due in Module 7. Students are required to develop research skills as a professional counselor. The research paper should abide by the criteria specified in the *Guide to the Research Paper* document provided in the Module / Week 1 resources. This assignment is worth 210 points.
  - i. **105 points** Substantive Elements (Mastery) Clearly exhibits depth of understanding and original critical thinking about the selected topic. Makes a significant contribution to the larger dialogue concerning the selected topic.

- Illustrates an advanced competence with the method employed to answer the research question and/or with the sources cited.
- ii. **63 points** Argumentative Elements (Mastery) The paper involves an advanced use of language which is not only articulate and concise, but exhibits accomplishment with writing; the paper is impressively organized and the arguments are very persuasive. The paper not only avoids argumentative fallacies but evokes great interest on the part of the reader.
- iii. **21 points** Linguistic and Stylistic Elements (Mastery) Proper length; No grammar errors (spelling, punctuation, etc.); Proper APA citations with no more than 1 error; The paper meets the expected length requirements and overall format requirements (font, margins, spacing).

#### II. GRADING

The following scale is used by the School of Counseling as the established criteria for grading assignments.

Final course grade for passing is 86%, B.

A	<b>A-</b>	B+	В	В-	C+	C
940 to	920 to	900 to	860 to	840 to	820 to	780 to 819
1000	939	919	899	859	839	

C-	<b>D</b> +	D	D-	F	$\mathbf{W}$	I
760 to 779	740 to	700 to	680 to	0 to 679	Withdraw	Incomplet
	759	739	699		al	e

	Requirement	Items	Item Points	<b>Total Points</b>	Hours
	Assigned Readings				46.3
1	Readings (see Class Schedule)	54			41.4
2	Viewing course media	35			4.9
	Written Assignments			1000	98
1	Discussions	9	40	360	41
2	Reflective Essay	1	70	70	4
3	Whole Class Discussions	4			4
4	Research Plan and Annotated Bibliography	1	90	90	10
4	Integration Case Essays	2	90	180	12
5	Research Paper	1	210	210	17
6	Integrated Case	1	90	90	10
	Conceptualization Presentation				
			Totals	1000	144.3

# III. SCHOOL OF COUNSELING POLICIES (Please review your Program Handbook for all policies. These are only listed to highlight key policies for this course)

#### METHODS OF INSTRUCTION

The SOC CMHC program curriculum is delivered mostly online with both asynchronous and synchronous components. The following methods of instruction may be employed:

- Synchronous Instruction: students and faculty will engage in "real-time" using a variety of technology such as chat rooms, web-based conferencing, telephone and during in-person residencies.
- Asynchronous Instruction: student-centered, student-managed facilitation of exchanging information and instructional materials outside of the constraints of "real-time" meetings between students and faculty.
- Reading assignments
- Lecture
- Academic Class Discussion
- Video/Audio Material: students are required to review video material as assigned.
- Demonstration of Skills
- Role Play
- Written Assignments/Papers
- Research Activities
- Quizzes, examinations, and assessment of student learning
- Learning Activities: students are required to engage in critical thinking activities.
- Group Work
- Presentations
- Residencies: Residencies are embedded in three courses across the program.
- Interactive Multimedia
- Clinical Placement in Practicum and Internship courses only.

#### **ACADEMIC INTEGRITY**

"Integrity" is a character quality of holding ourselves to strong moral principles and simply maintaining honesty. Academic integrity is synonymous with academic honesty. Academic honesty is expected of all students at DMU in all papers, examinations, transcripts, record keeping, and documentation of clinical experience. Possible sanctions for academic dishonesty include, but are not limited to: grade penalties including course failure, loss of registration privileges, disqualification and dismissal from the institution.

Academic integrity entails a respect and reverence for knowledge as a human good and for the whole academic process, by which that knowledge is pursued and transmitted. Specifically, it entails honesty in all of one's academic dealings. Students at DMU therefore, shall not engage in or tolerate acts of academic dishonesty. These acts include, but are not limited to, cheating, plagiarism, collusion, falsifying academic records, and any act or attempt to commit an act designed to give unfair academic advantage to the student (such as, but not limited to, submission of essentially the same written assignment for two courses without the prior permission of the instructor, providing false or misleading information in an effort to receive a postponement or an extension on a test, quiz, or other assignment).

#### LATE ASSIGNMENT ACCEPTANCE POLICY

In an effort to develop high professional standards, no late work **without deductions** will be accepted unless prior arrangements have been made with the instructor. All requests and approvals for extensions must be documented via email at least one week prior to the due date for the work. Outside of this, no late work will be accepted **without deductions** unless the circumstances are dire and unusual.

If you miss an online course meeting or session of a residency, you must notify the instructor as soon as possible and you are responsible for finding out from the course schedule/syllabus, or a classmate what material was covered and what homework was assigned. You cannot submit assignments late because you missed the online course meeting or session of a residency when the assignment was given or when the assignment was due.

Online assigned work is due at 11:59 pm Eastern USA Time or at the beginning of the session of a residency on the date due. Primary discussion posts are due Saturdays at 3:00 pm Eastern USA Time.

- Assignments: (quiz, vignette, recordings, papers, etc.): No make-ups, no late work accepted **without deductions** unless pre-arranged as noted above.
- Exams: Make-ups only when scheduled/approved in advance.
- Discussion posts: If primary discussion posts (due on Saturdays at 3:00 pm Eastern USA Time) are submitted after the due date, they will receive the 10% per day late deduction for up to four days. No discussion responses will be graded after their due date (Monday, 11:59 pm Eastern USA Time).

Please see the M.S in Counseling Clinical Mental Health Counseling Program Student Program Handbook for more details.

#### STUDENTS WITH SPECIAL NEEDS

If you are a student who has or thinks you may have special needs, you are encouraged to contact the Disability Support Services, located in the Enrollment Services Office (DSS@divinemercy.edu, ext. 114), regarding accommodations. This office welcomes the opportunity to talk with students about their individual situation so students can make an informed decision about whether or not to seek accommodations. In compliance with the Americans with Disabilities Act (ADA) the University is committed to providing reasonable accommodation to any student who has a disability. Any student who has a documented disability must provide supporting documentation to the Disability Support Services at the beginning of the first semester. Once documentation is complete, the student should inform the instructor directly during the first week of classes about accommodations made for each class.

#### **SYLLABUS CHANGE POLICY**

This syllabus is a guide for the course and is subject to change with advanced notice.

#### I. CLASS SCHEDULE AND ASSIGNMENTS

Week Module	Topic	Author	Reading	Graded Assignments
1	Flourishing in Relationships: The Call to Goodness,	SOC Titus, C. S. (2017).	Syllabus  Welcome to the course (Video)	<b>Discussion:</b> Callings

Justice, and Holiness	Titus, C. S. (2017).	Flourishing Through Vocations: Part 1 (Video)	
	Titus, C. S. (2017).	Flourishing Through Vocations: Part 2 (Video)	
	Payne, H., Titus, C. S., Lee, S. L., & Klewicki, L. (2017).	Flourishing in Relationship (Video)	
	Payne, H., Lee, S. L., Titus, C. S., & Klewicki, L. (2017).	Person in Front of You: Scenario #1: Conflict in Values (continued) (Video)	
	Green, T. (2014).	Robertson McQuilkin: She Sacrificed for Me (Video)	
	Wojtyla, K. (2013).	The problem of vocation. In K. Wojtyla, <i>Love and responsibility</i>	
	Ashley, B. (2013).	Seeking God. In Healing for freedom: A Christian perspective on personhood and psychotherapy (pp. 304–315).	
	McWhorter, M., & Titus, C. S. (2017).	Guide to the research paper.	
	McQuilkin, R. (n.d.).	Living by vows	
	Ryan, P. (2007).	How to discern the elements of your personal vocation. Fellowship of Catholic Scholars	

	Quarterly, 30(2), 11– 18.	
Titus, C. S., Nordling, W. J., & Vitz, P. C. (2017).	Fulfilled through vocations (pp. 1–21).	
	Lumen Gentium	
Vatican Council II. (1964).	Introduction (pp. 77–128).	
Waldstein, M. (2006).	The good of marriage. (C.T.	
Augustine. (1955).	Wilcox, Trans.). In R.J. Deferrari (Ed.), <i>Treatises on</i>	
	marriage and other subjects (pp. 1–51).	
Burke, C. (2015).	St. Augustine and conjugal sexuality. In The theology of marriage: Personalism, doctrine, and canon law (pp. 140–144).	
Burke, C. (2015).	The inseparability of the unitive and procreative aspects of the Conjugal Act. In The theology of marriage: Personalism, doctrine, and Canon Law.	
Grabowski, J. S. (2003).	Covenant and sacrament. In Sex and virtue: An introduction to sexual ethics (pp. 23–48).	
	Covenant fidelity, fertility, and the gift	

		Grabowski, J. S. (2003).	of self. In Sex and virtue: An introduction to sexual ethics (pp. 127–154).	
		Kleponis, P. (2014).	Integrity restored: Helping Catholic families win the battle against pornography (Chapter 13).	
		Shivanandan, Mary. (1999).	Eros and agape in marriage. In Crossing the threshold of love: A new vision of marriage (pp. 136–138).	
		Thomas, R., & Parker, S. (2004).	Toward a theological understanding of shame. <i>Journal of Psychology and Christianity</i> , 23, 176–182.	
2	Vocational States: Marriage and Family	Payne, H., Titus, C. S., Klewicki, L., & Lee, S. L. (2017).	Scenario #7: Couple Disagreeing About First Child (Video)	<b>Discussion:</b> Revisiting the Case of Henry
		McWhorter, M. (2017).	Made for marriage (Video)	Assignment: Reflection Essay: Social Relationships
		McWhorter, M. (2017).	The Catholic- Christian Vision of Marriage (Video)	Major Assessment: Research Paper Plan (Meet with instructor: Plan due Tuesday of
		Vitz, P. (2017).	Romantic Love, Commitment, and the Perfect Partner (Video)	Module 3).
		Morse, J. R. (2010).	The liberation of lifelong love: Church teaching on marriage. In E. Bachiochi (Ed.),	

	Women, sex, and the church: A case for Catholic teaching (pp. 79–96).	
Wojtyla, K. (2013).	The person and the sexual urge. In K. Wojtyla, <i>Love and responsibility</i>	
Bielski, Z. (2013).	The power of monogamy: 10 surprising claims regarding modern love.	
Catechism of the Catholic Church. (2000).	(2nd ed., nn. 1601– 1666).	
John Paul II. (2006).	The words of Christ. In John Paul II, Man and woman he created them: A theology of the body (pp. 131–223).	
Johnson, S. (2017).	Monogamy: A myth or a possibility?	
Johnson, S. (2014).	The case for monogamy	
Leo XIII. (1880).	Arcanum divinae sapientiae	
McClure, F. H., & Teyber, E. (2003).	Henry: A Latino child with school and family issues (Adapted from the original). Casebook in child and adolescent treatment: Cultural and familial contexts.	
	Guide to the research paper	

		McWhorter, M., & Titus, C. S. (2017).  Paul VI. (1968).  Pius XI. (1930).	Humanae vitae Casti connubii	
3	Male and Female: Equality, Difference, and Complementari ty	Titus, C. S. (2016).  Payne, H. (2016).  Payne, H., Klewicki, L., Titus, C. S., & Lee, S. L.	Male and Female God Created Them (Video)  The Science of Sex Differences (Video)  Round-table Case Study: "I don't feel man enough"	Discussion: Responding to an Ideology of Gender  Major Assessment: Research plan
		(2017).  Payne, H., Titus, C. S., Lee, S. L., & Klewicki, L. (2017).  Bachiochi, E. (2013).	Round-table Case Study: "I don't feel feminine enough"  Women, sexual asymmetry, and	
		Burggraf, J. (2006).	Catholic teaching. Christian Bioethics, 19(2), 150–171.  Gender. In Pontifical Council for the Family (Ed.), Lexicon: Ambiguous and debatable terms regarding family life and ethical questions (pp. 399– 408).	
		Congregation for the Doctrine of the Faith. (2004).	Letter to the bishops of the Catholic Church on the	

	collaboration of men and women in the Church.	
Francis. (2016).	Amoris laetitia (§56).	
Francis. (2016).	Meeting with the Polish bishops (Response to Bishop Zadarko).	
Garcia, L. (2010).	Authentic freedom and equality in difference. E. Bachiochi (Ed.). Women, sex, and the church: A case for Catholic teaching (pp. 15–33).	
Revised standard version, Catholic version; New American bible; or Jerusalem bible	Genesis, Ch. 1–3.	
Kline, K. K., & Wilcox, W. B. (Principle Investigators) (2014).	Mother bodies, father bodies: How parenthood changes us from the inside out.	
	-Section 1: (pp. 10-12): Motherhood and the Female Body -Section 2 (pp. 13-15: Fatherhood and the Male Body -Section 5 (pp. 25-26): Similarities of Human Mothers and Fathers -Section 6 (pp 27-36): Differences of Human Mothers and Fathers	

		McWhorter, M., & Titus, C. S. (2017). Stein, E. (1996).	Guide to the research paper.  The separate vocations of man and woman	
			according to nature and grace. Essays on woman (2nd ed.). The collected works of Edith Stein. (F. M. Oben, Trans.) (pp. 59–85).	
4	Friendship, Love, and Sexual Desire	McWhorter, M. (2017).	Models of Friendship, Love, and Temperance (Video)	Discussion: Transformational Practices
		McWhorter, M. (2017).	Romantic Love, Courtship, and Engagement (Video)	Integrative Case Conceptualization Essay: The Case of David and Tristen
		Payne, H., Titus, C. S., Lee, S. L., & Klewicki, L. (2017).	Rediscovering Friendship (Video)	Looking Ahead:Research Paper (due Module 7)
		Wojtyla, K. (2013).	Betrothed love: The person and chastity. In K. Wojtlya (Ed.), Love and responsibility. (G. Ignatik, Trans.)	
		Hough, C. (2010).	The fullness of sexuality: Church teaching on premarital sex. In E. Bachiochi (Ed.), Women, sex, and the church: A case for Catholic teaching (pp. 57–77).	
			The case of Tristen and David	

		McWhorter, M. (2017).  Revised standard version, Catholic version; New American bible; or Jerusalem bible  Kline, K. K., & Wilcox, W. B. (Principle Investigators) (2014).	Song of Songs  Mother bodies, father bodies: How parenthood changes us from the inside out (pp. 4–15).	
5	Sexual Desire and the Path to Flourishing	Payne, H., Titus, C. S., McWhorter, M., & Klewicki, L. (2016).  Payne, H., Titus, C. S., McWhorter, M., & Klewicki. (2016).	Understanding the Person in Front of You: Scenario 3: A Husband Not Attracted to His Wife (Video)  Understanding the Person in Front of You: Scenario 1: A Person with a Conflict of Values (Video)	Practices, Disorders, and Addictions  Assignment: Integrative Case Conceptualization Essay: The Case of Mr. & Mrs. B.
		Payne, H., Titus, C. S., Lee, S. L., & Klewicki, L. (2017). McWhorter, M. (2017).	Sexual Beings (Video)  Barriers to Chastity and Courtship (Video)	
		Eberstadt, M., & Layden, M. A. (2010).	The social cost of pornography: A statement of findings and recommendations (pp. 7–53).	
		Wojtyla, K. (2013).	Love and responsibility (pp. 40–44). (G. Ignatik, Trans.)	

Catechism of the Catholic Church.	2nd ed., nn. 1646– 1654; 2360–2372	
Code of Canon Law (1983).	Canons 1055–1165, esp. canon 1095	
Congregation for the Doctrine of the Faith. (1986).	Homosexualitas problema [The problem of homosexuality].	
Franks, A. (2010).	The gift of female fertility: Church teaching on contraception. In E. Bachiochi (Ed.), Women, sex, and the church: A case for Catholic teaching (pp. 97–119).	
John Paul II. (2006).	Man and woman he created them: A theology of the body. (M. Waldstein, Trans.).  Pp. 225–227  Pp. 232–233  Pp. 297–301	
Paul VI. (1968).	Humanae vitae [Human life].	
Spitzer, R. L., Gibbon, M., Skodol, A. E., Williams, J. B. W., & First, M. B. (2002).	DSM-IV-TR case book: A learning companion to the Diagnostic and statistic manual of mental disorders (4th ed.).  • The Case of Mr. & Mrs. B. (p. 251)	

6	The Role of Family in the Flourishing of Society	Payne, H., Lee, S. L., Titus, C. S., & Klewicki, L. (2017).	Adoption: Societal Pressure or Lack Thereof (Video)	Discussion: Responsible Parenthood
	,	McWhorter, M. (2017).	The Christian Vision of the Family (Video)	Looking Ahead: Major Assessment: Research Paper
		Bachiochi, E. (2010).	Conclusion: Reflections on the kinship between Catholic sexual and social teaching. In E. Bachiochi (Ed.), Women, sex, and the church: A case for Catholic teaching (pp. 179–192).	
		Atkinson, J. C. (2014).	Biblical and theological foundations of the family: The domestic church. (Ch. 10. pp. 301–325).	
		Grizzle Fischer, M. (2013).	The case for FEMM: Executive summary (iii–v).	
		John Paul II. (1981).	Familiaris consortio [On the role of the Christian family in the modern world].	
		John Paul II. (2006).	He gave them the law of life as their inheritance. In John Paul II, Man and woman he created them: A theology of the body (pp. 617–658).	
7	Vocational States: Singleness, Consecrated, and Ordained	Titus, C. S. (2017).	The Call to the Single Life: Part 1 (Video)	Discussion: Singleness as a Vocational State

		Titus, C. S. (2017).	The Call to the Single Life: Part 2 (Video)	Major Assessment: Research Paper
		Presutti, R. (2017).	Discerning Vocational States (Video)	Looking Ahead: Integrative Case Conceptualization Presentation: The Case of Hubert (due
		Presutti, R. (2017).	Vocational States: Every Life as a Gift (Video)	Module 8)
		Butler, S. (2010).	Embodied ecclesiology: Church, teaching on the priesthood. In E. Bachiochi (Ed.), Women, sex, and the church: A case for Catholic teaching (pp. 143–159).	
		John Paul II. (1992).	Pastores dabo vobis [Post-synodal apostolic exhortation on the formation of priests]. (nn. 42–59).	
		John Paul II. (1996).	Vita consecrata [Consecrated life]. (nn. 14–22 and 87–95).	
		Titus, C. S., Nordling, W. J., & Vitz, P. C., & the IPS Group. (2017).	Fulfilled through vocations (pp. 23–45).	
8	Work, Service, and Meaningful Leisure	Payné, H. (2017).	Self-Care at the Service of Your Vocations (Video)	Discussion 1: Human Work and Meaningful Leisure
	25.53.75	Payne, H., Lee, S. L., Titus, C. S., & Klewicki, L. (2017).	Making Meaning in Life and Work (Video)	Discussion 2: Integrative Case Conceptualization Presentation: The Case of Hubert
		McWhorter, M. (2017).	The Relationship Between Work as a	

	Vocation and Vocational States (Video)	Assignment: Integration Case Presentation
Bakas, K., Burke, R. E., & Payne, H. (2017).	Career Success Stories Roundtable: Part 1: Difficulties at Work (Video)	
Bakas, K., Burke, R. E., & Payne, H. (2017).	Career Success Stories Roundtable: Part 2: Mid-life Transitions (Video)	
Bakas, K., Burke, R. E., & Payne, H. (2017).	Career Success Stories Roundtable: Part 3: The Cost of Poor-fit Work (Video)	
Bakas, K., Burke, R. E., & Payne, H. (2017).	Career Success Stories Roundtable: Part 4: The Work You Were Made For (Video)	
Duffy, R., Bott, E., Allan, B., Torrey, C., & Dik, B. (2012).	Perceiving a calling, living a calling, and job satisfaction: Testing a moderated, multiple mediator model. Journal of Counseling Psychology, 59(1), 50–59.	
John Paul II. (1981).	Laborem exercens [Encyclical, on human labor]. (nn. 1–10)	
McWhorter, M. (2017).	The case of Hubert	
Pieper, J. (2009).	Leisure: The basis of culture (A. Dru, Trans.).  • Part I,	

	Leisure: The basis of culture (pp. 3–60)	
Titus, C. S., Nordling, W. J., & Vitz, P. C., & (2017).	Fulfilled through vocations (pp. 45–61).	

#### II. REFERENCE LIST

#### **Required Readings:**

- Ashley, B. (2013). Seeking God. (Chapter 8, pp. 304-315). *Healing for freedom: A Christian perspective on personhood and psychotherapy*. Arlington, VA: The IPS Press.
- Atkinson, J. C. (2014). *Biblical and theological foundations of the family: The domestic church*. (Ch. 10. pp. 301-325). Washington, D.C.: Catholic University of America Press.
- Bachiochi, E. (2013). Women, sexual asymmetry, and Catholic teaching. *Christian Bioethics*, 19(2), 150–171, 2013. doi:10.1093/cb/cbt013.
- *Catechism of the Catholic Church* (2000, 2<sup>nd</sup> ed.). (nn. 1601-1666). Vatican City, Vatican: Libreria Editrice Vaticana.
- Catechism of the Catholic Church (2000, 2<sup>nd</sup> ed.). (nn. 1646-1654; 2360-2372). Vatican City, Vatican: Libreria Editrice Vaticana.
- Congregation for the Doctrine of the Faith. (1986). *Homosexualitas problema* [The problem of homosexuality]. Vatican City, Vatican: Libreria Editrice Vaticana,
- Congregation for the Doctrine of the Faith. (2004). Letter to the bishops of the Catholic Church on the collaboration of men and women in the Church. Vatican City, Vatican: Libreria Editrice Vaticana.
- Duffy, R., Bott, E., Allan, B., Torrey, C., & Dik, B. (2012). Perceiving a calling, living a calling, and job satisfaction: Testing a moderated, multiple mediator model. *Journal of Counseling Psychology*, *59*(1), 50-59. doi: 10.1037/a0026129
- Eberstadt, M. & Layden, M. A. (2010). *The social cost of pornography: A statement of findings and recommendations* (pp. 7-53). Princeton, NJ: Witherspoon Institute.
- Franks, A. (2010). The gift of female fertility: Church, teaching on contraception (pp. 97-119). In: Erika Bachiochi (Ed.). *Women, sex, and the church: A case for Catholic teaching*. New York, NY: Pauline Books.
- Garcia, L. (2010). Authentic freedom and equality in difference (pp. 15-33). Erika Bachiochi

- (Ed.). Women, sex, and the church: A case for Catholic teaching. New York, NY: Pauline Books.
- Genesis, Ch. 1-3. (Revised standard version, Catholic version; New American bible; or Jerusalem bible).
- Grizzle Fischer, M. (2013). *The case for FEMM: Executive summary*. New York, NY: FEMM Foundation. (3 pages).
- Hough, C. (2010). The fullness of sexuality: Church teaching on premarital sex (pp. 57-77). In: Erika Bachiochi (Ed.). *Women, sex, and the church: A case for Catholic teaching*. New York, NY: Pauline Books.
- John Paul II. (1981). *Familiaris consortio* [On the role of the Christian family in the modern world]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1981). *Laborem exercens* [Encyclical, on human labor]. (nn. 1-10) Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1992). *Pastores dabo vobis* [Post-synodal apostolic exhortation on the formation of priests]. (nn. 42-59). Vatican: Libreria Editrice Vaticana.
- John Paul II. (1996). *Vita consecrata* [Consecrated life]. (nn. 14-22 and 87-95). Vatican: Libreria Editrice Vaticana.
- John Paul II. (2006). He gave them the law of life as their inheritance (pp. 617-658). In John Paul II, *Man and woman he created them: A theology of the body*. (M. Waldstein, Trans.). Boston, MA: Pauline Books and Media.
- John Paul II. (2006). *Man and woman he created them: A theology of the body*. (M. Waldstein, Trans.). Boston, MA: Pauline Books and Media. (pp. 225-227, pp. 232-233, pp. 297-301)
- John Paul II. (2006). The words of Christ (pp. 131-223). In John Paul II, *Man and woman he created them: A theology of the body*. (M. Waldstein, Trans.). Boston, MA: Pauline Books and Media.
- Kline, & Wilcox, W. B. (principle investigators) (2014). Mother bodies, father bodies: How parenthood changes us from the inside out (pp. 4-15). New York, NY: Center of the American Experiment, IAV, & Institute for Family Studies.
- Leo XIII. (1880). *Arcanum divinae sapientiae* [The secret of divine wisdom]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Lewis, C.S. (1991). Eros (Ch. 4). In C.S. Lewis, *The four loves*. Boston, MA: Houghton Mifflin Harcourt.
- McWhorter, M. (2017). *The case of Hubert*. Unpublished manuscript, Institute for the Psychological Sciences, Divine Mercy University, Arlington, Virginia.

- McWhorter, M. (2017). *The case of Tristen and David*. Unpublished manuscript, Institute for the Psychological Sciences, Divine Mercy University, Arlington, Virginia.
- McWhorter, M., & Titus, C.S. (2017). Guide to the research paper. Divine Mercy University.
- Paul VI. (1968). Humanae vitae [Human life]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Pieper, J. (2009). *Leisure: The basis of culture* (A. Dru, Trans.). San Francisco, CA: Ignatius Press. (Original work published 1952)
- Pinckaers, S. T. (1995). Sources of Christian ethics. Washington, DC: Catholic University of America Press.
  - Chapter 15, "Freedom for Excellence" (pp. 354–379)
- Pius XI. (1930). Casti connubii [On Christian marriage]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Ryan, P. (2007). How to discern the elements of your personal vocation. *Fellowship of Catholic Scholars Quarterly*, 30,2 (Summer), 11-18.
- Song of Songs (Revised standard version, Catholic version; New American bible; or Jerusalem bible).
- Spitzer, R. L., Gibbon, M., Skodol, A. E., Williams, J. B. W., & First, M. B. (2002). *DSM-IV-TR* case book: A learning companion to the Diagnostic and statistic manual of mental disorders (4<sup>th</sup> ed.). Washington D.C.: American Psychiatric Publications. The Case of Mr. & Mrs. B. (pg. 251)
- Stein, E. (1996). The separate vocations of man and woman according to nature and grace. *Essays on woman* (2<sup>nd</sup> ed.). *The collected works of Edith Stein*. Trans. F. M. Oben (pp. 59-85). Washington, D.C.: Institute for Carmelite Studies Publications.
- Titus, C. S., Nordling, W.J., & Vitz, P.C., & (2016). Fulfilled through vocations (pp. 1-21). Unpublished manuscript, Institute for the Psychological Sciences, Divine Mercy University, Arlington, Virginia.
- Titus, C. S., Nordling, W.J., & Vitz, P.C., & the IPS Group. (2016). Fulfilled through vocations (pp. 21-42). Unpublished manuscript, Institute for the Psychological Sciences, Divine Mercy University, Arlington, Virginia.
- Titus, C. S., Nordling, W.J., & Vitz, P.C., & (2016). Fulfilled through vocations (pp. 43-58). Unpublished manuscript, Institute for the Psychological Sciences, Divine Mercy University, Arlington, Virginia.
- Titus, C. S. and Scrofani, P. (2012). The art of love: A Roman Catholic psychology of love. *Journal of Psychology and Christianity*. 31(2): 118-129.
- Vatican Council II. (1964). *Lumen gentium* [Dogmatic constitution on the Church, Light of the Nations]. See numbers 39-42.

- Wojtyla, K. (2013). The person and the sexual urge. In K. Wojtyla, *Love and responsibility*. (G. Ignatik, Trans.). Boston, MA: Pauline Books & Media.
- Wojtyla, K. (2013). Betrothed love: The person and chastity. In K. Wojtlya, *Love and responsibility*. (G. Ignatik, Trans.). Boston, MA: Pauline Books & Media.
- Wojtyla, K. (2013). *Love and responsibility*. (G. Ignatik, Trans.). Boston, MA: Pauline Books & Media.
- Wojtyla, K. (2013). The problem of vocation. In K. Wojtyla, *Love and responsibility*. (G. Ignatik, Trans.). Boston, MA: Pauline Books & Media.

#### **Required Media:**

- Bakas, K., Burke, R. E., & Payne, H. (2017). *Career success stories roundtable: Part 1: Difficulties at work* [Video]. Washington, DC: Divine Mercy University.
- Bakas, K., Burke, R. E., & Payne, H. (2017). *Career success stories roundtable: Part 2: Mid-life transitions* [Video]. Washington, DC: Divine Mercy University.
- Bakas, K., Burke, R. E., & Payne, H. (2017). *Career success stories roundtable: Part 3: The cost of poor-fit work* [Video]. Washington, DC: Divine Mercy University.
- Bakas, K., Burke, R. E., & Payne, H. (2017). *Career success stories roundtable: Part 4:* The work you were made for [Video]. Washington, DC: Divine Mercy University.
- Divine Mercy University (Producer). (2016). *Understanding the person in front of you: Scenario 3: A husband not attracted to his wife* [Video file]. Washington, DC: Author.
- Divine Mercy University (Producer). (2016). *Understanding the person in front of you: Scenario 1: A person with a conflict of values* [Video file]. Washington, DC: Author.
- Institute for the Psychological Sciences (Producer). (2015). *Discerning vocational states* [Video file]. Washington, DC: Author.
- Institute for the Psychological Sciences (Producer). (2015). *Flourishing through vocations: Part I* [Video file]. Washington, DC: Author.
- Institute for the Psychological Sciences (Producer). (2015). *Flourishing through vocations: Part 2* [Video file]. Washington, DC: Author.
- Institute for the Psychological Sciences (Producer). (2015). *The call to the single life: Part 1* [Video file]. Washington, DC: Author.
- Institute for the Psychological Sciences (Producer). (2015). *The call to the single life: Part 2* [Video file]. Washington, DC: Author.
- Institute for the Psychological Sciences (Producer). (2015). Vocational states: Every life as a gift

- [Video file]. Washington, DC: Author.
- Payne, H. (2017). Self-care at the service of your vocations [Video file]. Divine Mercy University

(Producer). Washington, DC: Author.

Robertson McQuilkin. (n.d.). Retrieved from https://vimeo.com/85110047

### **Optional Readings:**

- Aelred of Rievaulx. (1974). *Spiritual friendship* (M. E. Laker, Trans.). Kalamazoo, MI: Cistercian Publications.
- Allen, P. (2004). Philosophy of relation in John Paul II's new feminism. In M. Schumacher (Ed.), *Women in Christ: Toward a new feminism* (pp. 67–104). Grand Rapids, MI: Eerdmans.
- Alvaré, H. M. (ed.). (2012). *Breaking through: Catholic women speak for themselves*. Huntington, IN: Our Sunday Visitor.
- American Psychological Association. (2011). Answers to your questions about transgender individuals and gender identity (2nd edition). Washington, DC: Author.
- Anderson, C., & Granados, J. (2009). *Called to love: Approaching John Paul II's theology of the Body*. New York, NY: The Double Day Publishing Group.
- Anatrella, T. (2009). Disappearing fathers, destabilized families. *Communio: International Catholic Review*, *36*, 309–328.
- Anscombe, E. (1972). *Contraception and chastity*. Retrieved from http://www.orthodoxytoday.org/articles/AnscombeChastity.php
- Anton, B. S. (2009). Proceedings of the American Psychological Association for the legislative year 2008: Minutes of the annual meeting of the Council of Representatives. *American Psychologist*, 64, 372–453. doi:10.1037/a001593
- Aquinas, T. (1981). Of the marriage goods (Fathers of the English Dominican Province, Trans.). In *Summa theologica*, *Vol. 5*, *IIIa qq. 74–90*, *Supplement qq. 1–99* (Supp. q. 49, pp. 2724–2730). Notre Dame, IN: Christian Classics. Retrieved from http://www.newadvent.org/summa/5049.htm
- Aristotle. (2003). *Nicomachean ethics* (H. Rackham, Trans.). Book VIII. Cambridge, MA: Harvard University Press.

- Arkes, H. (2006). The family and the laws. In R. P. George & J. B. Elshtain (Eds), *The meaning of marriage: Family, state, market, and morals*. Dallas, TX: Spence.
- Aquinas, T. (1981). *Summa theologiae* (Natural law in Prima secundae, q. 94 and New Law in Prima secundae qq. 106–108).
- Atkinson, J. C. (2014). *Biblical and theological foundations of the family: The domestic church* (pp. 301–325). Washington, DC: Catholic University of America Press.
- Atkinson, J. C. (2007). The family as domestic church: Developmental trajectory, legitimacy, and problems of appropriation. In W. D. Whitehead (Ed.), *The Church, marriage, and the family* (pp. 378–391). South Bend, IN: St. Augustine's Press
- Augustine. (1887). *On marriage and concupiscence* (P. Holmes, R. E. Wallis, and B. B. Warfield, Trans.). Retrieved from http://www.newadvent.org/fathers/1507.htm
- Augustine. (1955). On the good of marriage (C. T. Wilcox, Trans.). In R. J. Deferrari (Ed.), *Treatises on marriage and other subjects* (pp. 1–51). Washington, DC: Catholic University of America Press.
- Benedict XVI. (2005). *Deus Caritas Est* [on Christian love]. Sections 1–18. Retrieved from http://w2.vatican.va/content/benedict-xvi/en/encyclicals/documents/hf\_ben-xvi\_enc\_20051225\_deus-caritas-est.html
- Benedict XVI. (January 29, 2009). *Address to Roman Rota*. Retrieved from http://www.vatican.va/holy\_father/benedict\_xvi/speeches/2009/january/documents/hf\_ben-xvi\_spe\_20090129\_rota-romana\_en.html
- Bonino, S. T. (2002). Charisms, forms, and states of life (IIa–IIae, qq. 171–189). In S. J. Pope (Ed.), *The ethics of Aquinas* (pp. 340–352). Washington, DC: Georgetown University Press.
- Boylan, E. (2013). Marriage and holiness. In *This tremendous lover* (Ch. 21). Rockford, IL: Tan Books.
- Boyle, J. M. (1993). Contraception and natural family planning. In J. E. Smith (Ed.), *Why Humanae vitae was right: A reader* (pp. 409–418). San Francisco, CA: Ignatius Press.
- Bridges, A. J. (2010). *Pornography's effects on interpersonal relationships*. Princeton, NJ: Witherspoon Institute.
- Buber, M. (1971). I and thou. (W. Kaufmann, Trans.). New York, NY: Touchstone.

- Budd, J. W. (2011). The thought of work. Ithaca, NY: Cornell University Press.
- Budziszewski, J. (2012). *On the meaning of sex*. Wilmington, DE: Intercollegiate Studies Institute Books.
- Burke, C. (1999). Family planning. In *Covenanted happiness: Love and commitment in marriage* (pp. 50–65). New York, NY: Scepter Publishers.
- Burke, C. (1990). St. Augustine and conjugal sexuality. *Communio* 17, 545–65.
- Burke, C. (2015). The inseparability of the unitive and procreative aspects of the conjugal act. In *The theology of marriage: Personalism, doctrine, and canon law* (pp. 164–180). Washington, DC: Catholic University of America Press.
- Chenu, M. D. (1963). The theology of work: An exploration. New York, NY: Gill.
- Chrysostom, J. (1986). On marriage and family life. Yonkers, NY: St Vladimir's Seminary.
- Cicero. (1923). *De amicitia*. In W. A. Falconer (Trans.), *On old age, On friendship, On divination*. Cambridge, MA: Harvard University Press.
- Cole, B., & Connors, P. (1997). *Christian Totality: Theology of the consecrated life, revised edition*. New York, NY: Alba House.
- Congregation for Catholic Education. (2008). Guidelines for the use of psychology in the admission and formation of candidates for the priesthood. Vatican City, Vatican: Libreria Editrice Vaticana.
- Council of the Major Superiors of Religious Women. (2009). Foundations of religious life: Revisiting the vision. Notre Dame, IN: Ave Maria Press.
- Dilsaver, G. C. (2010). The three marks of manhood: How to be priest, prophet and king of your family. Charlotte, NC: Tan Books.
- Dreher, D. E. (2012). Vocation: Finding joy and meaning in our work. In T. G. Plante (Ed.), *Religion, spirituality, and positive psychology: Understanding the psychological fruits of faith* (pp. 127–142). Santa Barbara, CA: Praeger.
- Dubay, T. (1997). Authenticity: A biblical theology of discernment. San Francisco, CA: Ignatius.
- Duffy, R., Bott, E., Allan, B., Torrey, C., & Dik, B. (2012). Perceiving a calling, living a calling, and job satisfaction: Testing a moderated, multiple mediator model. *Journal of Counseling Psychology*, *59*, 50–59.

- Eberstadt, M. (2012). Adam and Eve after the pill: Paradoxes of the sexual revolution. San Francisco, CA: Ignatius Press.
- Eldredge, J. (2010). *Wild at heart: Discovering the secret of a man's soul*. Nashville, TN: Thomas Nelson.
- Eldredge, S., & Eldredge, J. (2011). *Captivating: Unveiling the mystery of a woman's soul.*Nashville, TN: Thomas Nelson.
- Elrod, K., & Carpentier, P. (2011). The Church's best kept secret: Church teaching on infertility treatment. In E. Bachiochi (Ed.), *Women, sex, and the Church: A case for Catholic teaching* (pp. 121–140). New York, NY: Pauline Books.
- Evert, J. (2009). *If you really loved me: 100 questions on dating, relationships, and sexual purity.* Cincinnati, OH: Servant Books.
- Evert, J., & Evert, C. (2011). *How to find your soulmate without losing your soul*. San Diego, CA: Totus Tuus Press.
- Francis. (2016). *Amoris laetitia* [Apostolic Exhortation on love in the family]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Frankl, V. (1959). Man's search for meaning. New York, NY: Washington Square Press.
- Frankl, V. (1969). The will to meaning. New York, NY: New American Library.
- Girgis, S., Anderson, R. T., & George, R. P. (2012). What is marriage? Man and woman: A defense. New York, NY: Encounter.
- Gondreau, P. (2010). The natural law ordering of human sexuality to (heterosexual) marriage: Towards a Thomistic philosophy of the body. *Nova et Vetera*, 8(3), 553–592.
- Gottman, J. M. (2011). The science of trust: Emotional attunement for couples. New York, NY: Norton.
- Grabowski, J. (2003). Sex and virtue. Washington, DC: Catholic University of America Press.
- Green, T. F. (1968). Work, leisure, and the American schools. New York, NY: Random House.
- Grisez, G., & Shaw, R. (2003). *Personal vocation: God calls everyone by name*. Huntington, IN: Our Sunday Visitor.

- Grizzle Fischer, M. (2013). *The case for FEMM: White paper*. New York, NY: FEMM Foundation.
- Guarendi, R. (1991). Back to the family. New York, NY: Fireside.
- Hall, S. F., Burkholder, D., & Sterner, W. R. (2014). Examining spirituality and sense of calling in counseling students. *Counseling and Values*, 59(1), 3–16.
- Hankle, D. D. (2009). The psychological processes of discerning the vocation to the Catholic priesthood: A qualitative study. *Pastoral Psychology*, *59*(2), 201–219.
- Hazan, C., & Shaver, P. (1987). Romantic love conceptualized as an attachment process. *Journal of Personality and Social Psychology*, 25, 511–524.
- Henrich, J., Boyd, R., & Richerson, P. J. (2012). The puzzle of monogamous marriage. *Philosophical Transactions of the Royal Society B: Biological Sciences*, *367*(1589), 657–669. https://doi.org/10.1098/rstb.2011.0290
- Howsare, R. (2006). Why begin with love? Eros, agape and the problem of secularism. *Communio*, *33*(3), 423–448. Retrieved from http://www.communioicr.com/files/HowsareDCEFormat.pdf
- Humowitz, K., Carroll, J., Wilcox, B., & Kaye, K. (2013). Knot yet: The benefits and costs of delayed marriage in America. The National Marriage Project at the University of Virginia. The National Campaign to Prevent Teen and Unplanned Pregnancy and The Relate Institute (pp. 1–11). Retrieved from http://twentysomethingmarriage.org/
- John Paul II. (1984). *Redemptionis donum* [Apostolic exhortation, to men and women religious on their consecration in the light of the mystery of the redemption]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1988). *Christifideles laici* [Apostolic exhortation, on the vocation and the mission of the lay faithful in the Church and in the world. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1988). *Mulieris dignitatem* [The dignity of women]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1992). *Pastores dabo vobis* [Apostolic exhortation, on the formation of priests]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1994). *Gratissimam sane* [Letter to families]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1994). *Ordinatio Sacerdotalis* [Apostolic letter, on reserving priestly ordination to men alone]. Vatican City, Vatican: Libreria Editrice Vaticana.

- John Paul II. (1996). *Address to teachers of natural family planning*. Retrieved from http://w2.vatican.va/content/john-paul-ii/en/speeches/1996/december/documents/hf\_jp-ii spe 19961207 nfp.html
- John Paul II. (1996). *Vita consecrata* [Post-synodal apostolic exhortation, on the consecrated life and its mission in the Church and in the world]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1998). *Dies Domini* [Apostolic letter, on the importance of Sabbath rest]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1998). Why natural family planning differs from contraception. Retrieved from http://www.usccb.org/issues-and-action/marriage-and-family/natural-family-planning/awareness-week/upload/Why-NFP-Differs-from-Contraception-JPII.pdf
- Johnson, S. M. (2013). *Love sense: The revolutionary new science of romantic relationships*. New York, NY: Little, Brown and Company
- Kleponis, P. (2014). *Integrity restored: Helping Catholic families win the battle against pornography* (Ch. 13). Steubenville, OH. Emmaus Road Publishing.
- Latkovic, M. (2003). John Paul II on the phenomenon of sexual shame. *The National Bioethics Quarterly*, *3*(1), 45–51.
- Lewis, C. S. (1985). The allegory of love. Oxford, UK: Oxford University Press.
- Lewis, C. S. (1991). Eros. In *The four loves* (Ch. 4). Boston, MA: Houghton Mifflin Harcourt.
- Lickona, T. (2004). Character matters: How to help our children develop good judgment, integrity, and other essential virtue. New York, NY: Simon & Schuster.
- Madden, J. (2016). Marriage, "bodily union," and natural teleology: A response to Rebekah Johnston and the new natural law theorists." *The National Catholic Bioethics Quarterly*, 16(1), 83–98.
- Mansfield, H. (Producer) (2006). *Interview on manliness*. Retrieved from http://www.c-spanvideo.org/program/191618-1
- McIlhaney, J., & McKissic, F. (2008). *Hooked: New science on how casual sex is affecting our children*. Chicago, IL: Northfield Publishing.
- Medina Estevez, J. C. (2004). *Male and female he created them: Essays on marriage and the family*. (pp. 18–36). San Francisco, CA: Ignatius Press.
- Morrow, T. G. (2003). *Christian courtship in an oversexed world: A guide for Catholics*. Huntington, IN: Our Sunday Visitor.

- Novak, M., & Simon, W. E. (2011). *Living the call: An introduction to the lay vocation*. New York, NY: Encounter Books.
- Ouellet, M. (2015). *Mystery and sacrament of love: A theology of marriage and the family for the new evangelization*. Grand Rapids, MI: Eerdmans Publishing Company.
- Paul VI. (1967). *Sacerdotalis caelibatus* [Encyclical, on the celibacy of the priest]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Pieper, J. (1965). *The four cardinal virtues: Prudence, justice, fortitude, temperance*. New York, NY: Harcourt, Brace & World.
  - "Temperance" (pp. 145–206)
- Pinckaers, S. T. (1995). Sources of Christian ethics. Washington, DC: Catholic University of America Press.
  - Chapter 15, "Freedom for Excellence" (pp. 354–379)
- Pius XI. (1930). *Casti connubii* [Encyclical, On Christian marriage]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Pontifical Council for the Family. (1995). *The truth and meaning of human sexuality*. Retrieved from http://www.vatican.va/roman\_curia/pontifical\_councils/family/documents/rc\_pc\_family\_doc\_08121995\_human-sexuality\_en.html
- Pontifical Council for the Family. (2004). *Enchiridion on the family: A compendium of Church teaching on family and life issues from Vatican II to the present*. Boston, MA: Pauline Books & Media.
- Pontifical Council for the Family. (2006). *Lexicon: Ambiguous and debatable terms regarding family life and ethical questions.* Front Royal, VA: Human Life International.
- Regnerus, M., & Uecker, J. (2011). *Premarital sex in America: How young Americans meet, mate, and think about marrying.* Oxford: Oxford University Press.
- Regnerus, M. (2012). How different are the adult children of parents who have same-sex relationships? Findings from the New Family Structures Study. *Social Science Research*, 41, 752–770.
- Rhoads, S. E. (2004). Masculinity/femininity. In *Taking sex differences seriously* (pp. 14–45). San Francisco, CA: Encounter Books.
- Rich, A. D. (2007). Discernment in the Desert Fathers. Bletchley, UK: Paternoster.

- Ryan, P. S. J. (2007). How to discern the elements of your personal vocation. *Fellowship of Catholic Scholars Quarterly*, *30*, 11–18.
- Savage, D. (2015). The nature of woman in relation to man: Genesis 1 and 2 through the lens of the metaphysical anthropology of Aquinas. *Logos: A Journal of Catholic Thought and Culture*, 18(1), 71–93.
- Schindler, D. (2006). The redemption of *eros*: Philosophical reflections on Benedict XVI's first encyclical. *Communio*, *33*, 375–399.
- Schumacher, M. (2003). An inseparable connection: The fruitfulness of conjugal love and the divine norm. *Nova et Vetera*, 2, 381–402.
- Schumacher, M. (2004). The unity of the two: Toward a new feminist sacramentality of the body. In M. Schumacher (Ed.), *Women in Christ: Toward a new feminism* (pp. 201–231). Grand Rapids, MI: Eerdmans.
- Scola, A. (2005). The nuptial mystery. Grand Rapids, MI: Eerdmans.
- Second Vatican Council. (1965). *Gaudium et spes* [Pastoral constitution on the Church in the modern world]. (nn. 47–52). Vatican City, Vatican: Libreria Editrice Vaticana.
- Shanley, B. (1987). The moral difference between natural family planning and contraception. *The Linacre Quarterly*, *54*(1), 48–60.
- Shivanandan, M. (1999). *Crossing the threshold of love: A new vision of marriage*. Washington, DC: The Catholic University of America Press.
- Smith, J. E. (1991). The difference between contraception and natural family planning. In *Humanae vitae: A generation later* (pp. 118–128). Washington DC: Catholic University of America Press.
- Smith, J. E. (1993). The moral use of natural family planning. In J. E. Smith (Ed.), *Why Humanae vitae was right: A reader* (pp. 445–471). San Francisco, CA: Ignatius Press.
- Sommers, C. H. (2008). *Feminism and freedom*. Washington, DC: American Enterprise Institute for Public Policy Research.
- Songy, D. (2012). *Spiritual Direction for Priestly Celibacy*. Rome, Italy: Pontifical Theological Faculty Teresianum.
- Stein, E. (1996). The separate vocations of man and woman according to nature and grace. *Essays on woman* (2nd ed.). *The collected works of Edith Stein*. Trans. F. M. Oben. (pp. 59–85). Washington, DC: Institute for Carmelite Studies Publications.

- Sutton, P. M. (2011). Who am I? Psychological issues in gender identity and same-sex attraction. In H. Watt (Ed.), *Fertility and gender: Issues in Reproductive and Sexual Ethics* (pp. 70–98). Oxford, UK: Anscombe Bioethics Centre.
- The World Professional Association for Transgender Health, Inc. (2011). *Transgender statement on standards of care*. Retrieved from http://www.wpath.org/documents2/socv6.pdf
- Therrien, M. (2010). The practice of responsible parenthood, NFP, and the covenantal unity of spouses. In D. Cloutier (Ed.), *Leaving and coming home: New wineskins for Catholic sexual ethics* (pp. 173–205). Eugene, OR: Wipf and Stock.
- Titus, C. S., & Scrofani, P. (2012). The art of love: A Roman Catholic psychology of love. *Journal of Psychology and Christianity*, 31(2), 118–129.
- Vatican Council II. (1965b). *Apostolicam actuositatem* [Decree on the apostolate of the laity]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Vitz, P. C. (2014). *Faith of the fatherless: The psychology of atheism.* San Francisco, CA: Ignatius Press.
- Volling, B. L., Mahoney, A., & Rauer, A. J. (2009). Sanctification of parenting, moral socialization, and young children's conscience development. *Psychology of Religion Spirituality*, *1*(1), 53–68.
- von Hildebrand, D. (2002). Man, woman, and the meaning of love: God's plan for love, marriage, intimacy, and the family. Manchester, NH: Sophia Institute Press.
- Waite, L. J., & Gallagher, M. (2000). *The case for marriage: Why married people are happier, healthier, and better off financially.* New York, NY: Broadway Books.
- Waldstein, M. (2009). Children as the common good of marriage. *Nova et Vetera*, 7, 697–709.
- Wilcox, W. B. (2011). Why marriage matters, third edition: Thirty conclusions from the social sciences. A report from a team of family scholars chaired by W. Bradford Wilcox of the University of Virginia. (pp. 48).
- Wójcik, E. (1993). Natural regulation of conception and contraception. In J. Smith (Ed.), *Why Humanae vitae was right: A reader* (pp. 419–444). San Francisco, CA: Ignatius Press.
- Wojtyla, K. (2013). Love and responsibility. San Francisco, CA: Ignatius Press.
- Wojtyla, K. (1993). The family as a community of persons. In T. Sandok (Trans.), *Person and community: Selected essays* (pp. 315–327). New York, NY: Peter Lang. (Original work composed 1974)

#### **Websites:**

- Benedict XVI. (2005). Deus Caritas Est [on Christian love. Sections 1-18. http://w2.vatican.va/content/benedict-xvi/en/encyclicals/documents/hf\_ben-xvi\_enc\_20051225\_deus-caritas-est.html
- Code of Canon Law (1983). (Canons 1055-1165, esp. canon 1095). Vatican City, Vatican: Libreria Editrice Vaticana. Retrieved from: http://www.vatican.va/archive/ENG1104/\_\_P3V.HTM
- John Paul II. (February 5, 1987). *Address to the Roman Rota*. Retrieved from http://www.vatican.va/holy\_father/john\_paul\_ii/speeches/1987/documents/hf\_jp-ii\_spe\_19870205\_roman-rota\_en.html
- Pope Francis. (2016). *Amoris laetitia* (§56). Retrieved from https://w2.vatican.va/content/dam/francesco/pdf/apost\_exhortations/documents/papa-francesco\_esortazione-ap\_20160319\_amoris-laetitia\_en.pdf
- Pope Francis. (2016). *Meeting with the Polish bishops* (response to Bishop Zadarko). Retrieved from https://w2.vatican.va/content/francesco/en/speeches/2016/july/documents/papa-francesco\_20160727\_polonia-vescovi.html

#### **References:**

- Augustine. (1955). On the good of marriage (C. T. Wilcox, Trans.). In R. J. Deferrari (Ed.), *Treatises on marriage and other subjects* (pp. 1–51). Washington, DC: Catholic University of America Press. (Original work composed 401)
- Catechism of the Catholic Church. (2000). (2nd ed.). Vatican City, Vatican: Libreria Editrice Vaticana.
- Chrysostom, J. (1986). *On marriage and family life* (C. P. Roth & D. Anderson, Trans.). Crestwood, NY: St Vladimir's Seminary Press. (Original work composed c. 397–403)
- Congregation for the Doctrine of the Faith. (1975). *Persona humana* [Declaration on certain questions concerning sexual ethics]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Francis. (2016a). *Amoris laetitia* (§56). Retrieved from https://w2.vatican.va/content/dam/francesco/pdf/apost\_exhortations/documents/papa-francesco\_esortazione-ap\_20160319\_amoris-laetitia\_en.pdf
- Francis. (2016b). *Meeting with the Polish bishops* (response to Bishop Zadarko). Retrieved from https://w2.vatican.va/content/francesco/en/speeches/2016/july/documents/papa-francesco\_20160727\_polonia-vescovi.html
- Grabowski, J. S. (2003). *Sex and virtue: An introduction to sexual ethics*. Washington, DC: Catholic University of America Press.

- John Paul II. (1981). *Familiaris consortio* [Apostolic exhortation, On the role of the Christian family in the modern world]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1981). *Laborem exercens* [Encyclical, On human work]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (1988). *Mulieris dignitatem* [Apostolic letter, On the dignity and vocation of women]. Vatican City, Vatican: Libreria Editrice Vaticana.
- John Paul II. (2006). *Man and woman he created them: A theology of the body* (M. Waldstein, Trans.). Boston, MA: Pauline Books & Media.
- John Paul II. (2006). *Man and woman he created them: A theology of the body*. (M. Waldstein, Trans.). Boston, MA: Pauline Books and Media.
  - Pp. 225–227
  - Pp. 232–233
  - Pp. 297–301
- Pieper, J. (1963). Leisure: The basis of culture. San Francisco, CA: Ignatius Press.
- Pontifical Council for the Family. (1995). *The truth and meaning of human sexuality: Guidelines for education within the family*. Vatican City, Vatican: Libreria Editrice Vaticana. Retrieved from http://www.vatican.va/roman\_curia/pontifical\_councils/family/documents/rc\_pc\_family\_doc\_08121995\_human-sexuality\_en.html
- Shivanandan, M. (1999). *Crossing the threshold of love: A new vision of marriage*. Washington, DC: Catholic University of America Press.
- Taylor, S. E. (2006). Tend and befriend biobehavioral bases of affiliation under stress. *Current Directions in Psychological Science*, 15(6), 273–277
- Vatican II, Council. (1964). *Lumen gentium* [Dogmatic constitution on the Church]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Vatican II, Council. (1965). *Gaudium et spes* [Dogmatic constitution on the Church in the modern world]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Vatican II. (1965). *Gaudium et spes* [Pastoral constitution on the Church in the modern world]. Vatican City, Vatican: Libreria Editrice Vaticana. Retrieved from http://www.vatican.va/archive/hist\_councils/ii\_vatican\_council/documents/vat-ii\_const\_19651207\_gaudium-et-spes\_en.html
- Vatican II, Council. (1965a). *Apostolicam actuositatem* [Decree on the apostolate of the laity]. Vatican City, Vatican: Libreria Editrice Vaticana.
- Vatican II, Council. (1965b). *Gaudium et spes* [Pastoral constitution on the Church in the modern world]. Vatican City, Vatican: Libreria Editrice Vaticana.

Wojtyla, K. (2013). Love and responsibility. (G. Ignatik, Trans.) San Francisco, CA: Ignatius Press.