



CENTER FOR TRAUMA & RESILIENCY STUDIES

AT DIVINE MERCY UNIVERSITY

Training Schedule for the Center for Trauma and Resiliency Studies at Divine Mercy University 2023-2024

FALL 2023 SEMESTER

Friday and Saturday, August 25th and 26th, 2023

8:30 AM– 5:00 PM- On Campus Only

Treating Phobia and Anxiety with Trauma (EMDR Level II)

(Fulfills partial training requirement for the Master Traumatologist certification)

Friday and Saturday, September 8th and 9th, 2023

8:30 AM-5:00 PM- On Campus and Virtual

Psychological First Aid

(This is a required training for Divine Mercy Trauma Team and to be eligible for deployment and fulfills partial requirements for the Clinical Traumatologist and Master Traumatologist Certifications)

Grief and Loss

(This is a required training for Divine Mercy Trauma Team and to be eligible for deployment and fulfills partial requirements for the Clinical Traumatologist and Master Traumatologist Certifications)

Friday and Saturday, September 29th and September 30th, 2023

8:30AM-5:00PM (Friday) and 8:30 AM-5:00 PM (Saturday)– On Campus only

Treating Phobia and Anxiety with Trauma (EMDR Level 1)

(Fulfills partial training requirement for Certified Clinical Traumatologist)

Friday and Saturday, October 27th and 28th, 2023

8:30 AM-5:00 PM- On-Campus and Virtual

Compassion Stress Management

(Fulfills training requirement for the Green Cross Compassion Fatigue Educator Certification)

Compassion Fatigue Practitioner

(Fulfills training requirement for the Green Cross Compassion Fatigue Therapist Certification)

Friday and Saturday, November 17th and 18th, 2023

8:30 AM-5:00 PM- On Campus and Virtual

Treating Sexual Trauma

(This is a required training for Divine Mercy Trauma Team and to be eligible for deployment and fulfills partial requirements for the Clinical Traumatologist and Master Traumatologist Certifications)

Friday and Saturday, December 1st and 2nd, 2023

8:30 AM-5:00 PM- On-Campus only

Using the HEART (Healing Emotional/Affective Responses to Trauma) Model



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A Christian Approach to Healing Sexual Trauma

(This will give hands-on Trauma Model Training with Sexual Trauma AND Human Trafficking issues and is required for deployment with the Divine Mercy Trauma Team. This workshop also fulfills partial requirement for the Master Traumatologist Certification)

SPRING 2024 SEMESTER

Friday and Saturday, January 12th and 13th, 2024

On Campus Only

Gestalt Therapy and Existential Theory

(This is not a trauma workshop but is offered to teach Gestalt Therapy Skills such as Chair Work, Dream Interpretation, Use of Projection, Introjects, etc. This workshop is limited to 20 participants; first come first that get to attend. (Price for Gestalt Workshop includes Breakfast, Lunch, and Dinner)

Friday and Saturday, February 16th and 17th, 2024

8:30 AM– 5:00 PM- On Campus and Virtual

Disaster Trauma (Field Traumatology Course)

(Fulfills partial training requirement for the Green Cross as a Field and Certified Clinical Traumatologist)

Friday, March 22nd, 2024

8:30 AM-5:00 PM- On Campus and Virtual

Child and Adolescents Trauma

(Fulfills partial requirement for Certified Clinical Traumatologist)

Saturday, March 23rd, 2024

8:30 AM-5:00 PM- On Campus and Virtual

Treating Traumatized Families

(Fulfills partial requirement for Certified Clinical Traumatologist)

Friday, April 12th, 2024

8:30 AM-5:00 PM- On Campus and Virtual

Assessment and Treatment of PTSD

(Fulfills one of the training requirements for the Green Cross certification as a Certified Clinical Traumatologist)

Saturday, April 13th, 2024

8:30 AM-5:00 PM- On Campus and Virtual

Treatment and Intervention of Domestic Violence

(This is a required training for Divine Mercy Trauma Team and to be eligible for deployment and fulfills partial requirements for the Clinical Traumatologist and Master Traumatologist Certifications)

Friday and Saturday, May 3rd, and 4th, 2024

8:30 AM-5:00 PM- On Campus Only

Treatment of Phobia and Anxiety with Trauma (EMDR Level I)

(Fulfills partial training requirement for Certified Clinical Traumatologist)



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SUMMER 2024 SEMESTER

Friday and Saturday, June 7th and 8th, 2024

8:30 AM-5:00 PM- On Campus and Virtual

SERVE Model - Understanding the Neurobiology of Trauma

Friday and Saturday, June 21st and 22nd, 2024

8:30 AM-5:00 PM- On Campus and Virtual

Treatment of Suicide: Prevention/Postvention

July TBD, 2024

Workshop TBD by need of Trauma Team

July TBD, 2024

COUN 695: Field Experience in Trauma

Friday and Saturday, August 23rd and 24th, 2024

8:30 AM– 5:00 PM- On Campus Only

Treating Phobia and Anxiety with Trauma (EMDR Level II)

(Fulfills partial training requirement for Master Traumatologist certification)

Training Costs:

\$99 per day (\$198 for a two-day training) – Registered students, students attending other universities zz

\$99 per day (\$198 for a two-day training) – Alumni, faculty, and site supervisors

\$109 per day (\$218 for a two-day training) – General public

Gestalt and EMDR I & II have different rates:

EMDR- \$199 for students, and \$219 for the public.

Gestalt- \$218 for students, and \$238 for the public.

Prices effective as of August 1st, 2023

Registration fees are non-refundable and non-transferable.

On Campus Training Location:

Divine Mercy University

45154 Underwood Lane

Sterling, VA 20166

CTRS Website: <https://divinemercury.edu/ctrs/>



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GREEN CROSS

Academy of Traumatology

The CTRS at Divine Mercy University has partnered with the [Green Cross Academy for Traumatology](#) to offer certification courses leading to five separate levels of trauma certification. The five certifications are the following:

1. Compassion Fatigue Educator
2. Compassion Fatigue Practitioner
3. Field Traumatologist
4. Certified (Clinical) Traumatologist
5. Certified (Clinical) Master Traumatologist/Certified Master Field Traumatologist

The courses for the certifications will be offered throughout the year covering all levels of intervention. The Certified Traumatologist credential is recognized by the Veteran's Administration (VA), Federal Emergency Management Administration (FEMA), Volunteer Organizations Amid Disaster (VOAD), and other response agencies. The workshops are offered both on-site at the Arlington, VA campus of Divine Mercy University or online through a virtual classroom.

Certifications available through Green Cross Academy for Traumatology and requirements – Completion of workshops are often one step in the process of Certification. Participants must become a member of Green Cross through application and annual dues to receive and to maintain Certification for which they qualify. Previous training from other organizations are evaluated for credit and acceptance on an individual basis. Needless to say that all 5 certification levels require an application to the Green Cross Academy for Traumatology and maintaining membership to maintain Certification(s).

Certified Compassion Fatigue Educator

Compassion Stress Management Workshop/Training (7 hrs)

Certified Compassion Fatigue Practitioner

Compassion Fatigue Practitioner Workshop/Training (7 hrs)

Certified Field Traumatologist

Disaster Trauma Workshop/Training or Field Trauma Workshop/Training
(14 hrs)

Grief & Loss (7 hrs)

Psychological First Aid (7hrs)



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FEMA online course: IS_100.c (varied)
FEMA online course IS_363 (varied)
FEMA online course IS_403 (varied)
FEMA online course IS_909 (varied)

Completion of the Compassion Stress Management and Compassion Fatigue Practitioner workshops/trainings,

Certified (Clinical) Traumatologist

Treating Traumatized Families Workshop/Training (7 hrs)
Treating Child and Adolescent Trauma (7 hrs)
Domestic Violence (7 hrs)
Suicide: Prevention, Intervention, and Postvention (14 hrs)
Assessment and Treatment of Post-Traumatic Stress Disorder (7hrs)
Treating Sexual Trauma (14 hrs)
The Neuro-Biology of Trauma: The Serve Model (14 hrs)
Treating Anxiety and Phobia (EMDR Level 1) (16)

100 hours of direct fieldwork in trauma (one-to-one, group, or family therapy)

Min. of 20 hours of direct supervision with clients having a trauma diagnosis (Individual or triadic)

Completion of all requirements for Compassion Fatigue Educator, Compassion Fatigue Practitioner, and Field Traumatologist Certifications

Certified Master Clinical Traumatologist; Certified Master Field Traumatologist

Grief and Loss Workshop/Training (7hrs)
Psychological First Aid Workshop/Training (7hrs)
Understanding and Treating Sexual Trauma Workshop/ Training (14 hrs field)
Treating Complex Trauma: EMDR Level 2 (16 hrs clinical)
Treating Complex Trauma: The HEART Model (16 hrs both)
Cross Training with other Certifications such as CISM (Critical Incident Stress Management), Red Cross, AAETS, or ATSS (Assoc. of Traumatic Stress Specialists)

Completion of all requirements for Compassion Fatigue Educator, Compassion Fatigue Practitioner, Field Traumatologist, and Certified Traumatologist Certifications

A minimum of 5 years full-time or 10 years part-time direct experience in the field either through employment or a volunteer organization.